

DR. HUMPHREYS'

LIST OF SPECIFICS.

1. CURES Fevers, Congestions, Inflammations.....
2. " Worm Fever, or Worm Disease.....
3. " Colic, Crying and Wakefulness of Infants.....
4. " Diarrhea, of Children and Adults.....
5. " Dysentery, Gripings, Bilious Colic.....
6. " Cholera, Cholera Morbus. Vomiting.....
7. " Coughs, Colds, Bronchitis.....
8. " Toothache, Faceache, Neuralgia.....
9. " Headache, Sick Headache, Vertigo.....
10. " Dyspepsia, Indigestion, Constipation.....
11. " Suppressed Menses, or Scanty.....
12. " Leucorrhea, or Profuse Menses.....
13. " Croup, Hoarse Cough, Laryngitis.....
14. " Salt Rheum, Eruptions, Erysipelas.....
15. " Rheumatism, or Rheumatic Pains.....
16. " Fever and Ague, Intermittent Fever, Malaria.....
17. " Piles, Blind or Bleeding, External or Internal.....
18. " Ophthalmia, Weak or Inflamed Eyes.....
19. " Catarrh, Influenza, Cold in Head.....
20. " Whooping-Cough, Spasmodic Cough.....
21. " Asthma, Oppressed, Difficult Breathing.....
22. " Ear Discharge, Earache.....
23. " Scrofula, Swellings and Ulcers.....
24. " General Debility, Brain Fag.....
25. " Dropsy, Fluid Accumulations.....
26. " Sea-Sickness, Nausea, Vomiting.....
27. " Kidney Disease, Gravel, Calculi.....
28. " Nervous Debility, Vital Weakness.....
29. " Sore Mouth, or Canker.....
30. " Urinary Incontinence, Wetting Bed.....
31. " Painful Menses, Pruritus.....
32. " Diseases of the Heart, Palpitations.....
33. " Epilepsy, St. Vitus' Dance.....
34. " Sore Throat, Quinsy, and Diphtheria.....
35. " Chronic Congestions, Headaches.....
77. " Grippe, Hay Fever and Summer Colds.....

SPECIFIC  MANUAL

TRADE MARK

DR. HUMPHREYS' SPECIFICS.

Directions with each Vial in Five Languages.

No.	English, German, Spanish, Portuguese and French.	
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Sold by all Druggists, or sent prepaid on receipt of price, 25 and 50 cents each, or large flasks, \$1.00. Except Nos. 28, 32 and 33—which are put up in \$1.00 size only.

 IN ORDERING OR BUYING FOR OLD OR CHRONIC CASES always prefer the **flasks** as they give six times more for your money and are sufficient for **family use, a fair trial or perfect cure.**

 For Prices and Styles of Family Chests See Page 94.

HUMPHREYS' MEDICINE CO., Cor. William and John Sts., New York.



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HUMPHREYS'

(SECOND REVISED AND ENLARGED)

SPECIFIC MANUAL,

FOR THE ADMINISTRATION OF MEDICINE

—AND—

CURE OF DISEASE.

BY

FREDERICK HUMPHREYS, M. D.

Late Professor of Institutes of Homeopathy, Pathology and Medical Practice in the Homeopathic Medical College of Pennsylvania, at Philadelphia; author of "Dysentery, and its Homeopathic Treatment," "Cholera, and its Homeopathic Treatment," and "Proving of Apis Mellifica, Plantago Major, etc.," "Homeopathic Mentor or Family Adviser," "Veterinary Manual," etc., etc.

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NEW YORK:

HUMPHREYS' HOM. MEDICINE CO.,

COR. WILLIAM & JOHN STREETS,

NOS. 111 & 113 WILLIAM STREET,

61, 63 & 65 JOHN STREET.

At the age of over eighty years; with over fifty years' experience in practice of medicine, and more than forty in the use and perfection of my SPECIFICS, I make this last revision of my MANUAL. In this I have included every known advance in Medical and Pharmaceutical Science combined with the experience gained from thousands of patients who have used my SPECIFICS. My hope is that this MANUAL will extend the usefulness of what are now so widely acknowledged to be the most reliable Family Medicines known to the public.

July, 1897.

Frederick Humphreys, M.D.

NEW STYLE OF PACKAGE.

(Takes the place of the one ounce square bottles.)



This cut represents the new style of package for the *large* size of HUMPHREYS' SPECIFICS. It is a neat, flint-glass, tough, unbreakable flask, with a nickel-plated metal cap, lined with cork.

It is convenient and economical, as each flask contains 120 doses of six pellets each; and are sold at \$1.00.

The value of having these Specifics on hand in case of emergency CAN-
NOT BE OVERESTIMATED.

Like all the preparations described in this Manual, they are sold by druggists, or SENT PREPAID upon receipt of price.
HUMPHREYS' MEDICINE CO.,
Cor. William and John Sts.,
NEW YORK.

LIST OF SPECIFICS.

SPECIFIC

“1” Inflammations, Congestions, Fevers,

CURES

Heat, Pain, Swelling, Soreness, Quick Pulse, Restless, Sleepless, or the preceding Coldness, “Gooseflesh,” or Chilliness.

Specific “1,” the true medical treasure.

The indispensable family remedy for all sudden or acute diseases.

For Acute Rheumatism, Scarlet Fever, Measles, Convulsions, Sore Throat.

If in doubt as to the Specific needed, give Specific “1.”

Chill, Coldness, chilliness, shivering or aching; or from exposure. See pages 55, 56.

Pain, In head, back, limbs, chest or side; or in lungs or throat, breast or stomach.

Fever, Quick pulse or breathing; hot skin; restless, sleepless, tossing. See pages 40, 52.

Inflammation and Congestions, Of head or throat, of lungs, pleura or bronchia; liver; stomach or bowels; eyes, ears, or limbs; with fullness, redness, heat, swelling and pain, aching.

Pneumonia, With heat, short painful breathing, cough; scanty, blood-stained mucus expectoration. See page 62.

Pleurisy, Sharp, stitching pains in side or chest; hot skin; quick pulse; “catching” cough. See page 63.

Bleeding from the Lungs. Pulmonary hemorrhage, coughing and spitting of blood; also bleeding from *Nose*, etc. See p. 63.

SPECIFIC “1” is also invaluable in violent OPTHALMIA, TOOTHACHE, COLIC, BRONCHITIS, *Sore Throat, Scarlet Fever, Measles*, RHEUMATISM, HEADACHE, CONVULSIONS, SLEEPLESSNESS, ETC., and may be used, *in alternation with any other Specific*, with advantage. *It pays its cost a thousandfold.*

C. L. HUBBELL, Kansas City, Mo., says: “We have just brought our little girl out of Fever by using SPECIFIC “1,” without having had to call our physician.”

H. J. GUDE, Duluth, Minn., says: “Your SPECIFIC “1” is a perfect wonder.”

 THE MILD POWER CURES.

Price 25c., 50c. and \$1.00.

SPECIFIC

“2” Worms, Worm Fever, Worm Colic,

CURES

**Long Round Worms ; Pin Worms ;
Picking at Nose ; Itching at Anus ;
Grinding of Teeth ; Startings in Sleep ;
Irregular, Capricious Appetite ; Emaciation ;
Enlarged Abdomen ; Sallow Complexion ;
Wetting of Bed, from Worms.**

**No trouble from Worms will long remain after using
Specific “2.” It Never Fails.**

Tape-Worm. For Tape-Worm there is a SPECIAL PRESCRIPTION.
Price, \$1.00. Page 74.

Worm Fever, Mostly at night ; unequally flushed cheeks, pale face, white lips, gritting of the teeth in sleep, restlessness, twitching of limbs ; offensive breath. See page 45.

Convulsions, Rigid limbs, head thrown back, squinting of eyes and facial twitchings, tremor. See pages 45, 51.

Head ; Squinting, facial distortion, enlarged pupils, boring of head into the pillow, burning heat of head ; threatening of HYDROCEPHALUS. See page 26.

Urinary In-continence, Wetting the bed at night, in children. See pages 48, 81.

Stomach and Bowels ; Constipation, alternating with relaxed bowels ; *enlarged abdomen*, with small (or withered appearance of) arms and legs ; *capricious* or *voracious appetite* ; *offensive breath* ; increase of saliva in mouth ; craving for unsuitable food or for sweets ; cross, peevish, irritable *disposition*.

 See Page 44 of this Manual.

I. OSBORNE DOWN, Ocean City, N. J., says : “Have used your WORM SPECIFIC “2” in family with grand results.”

 THE MILD POWER CURES.

Price 25c., 50c. and \$1.00.

SPECIFIC

“3”

Infants' and Young Children's Diseases

CURES

**Colic, Worrying, Fretfulness, Wakefulness;
Swollen Gums, Pain, Redness, Driveling;
Slow, Irregular, Painful Teething;
Infants' Diarrhea; General Feebleness;
Slow Growth; Weak Back or Limbs;
Tardy, Feeble, Standing or Walking;
Muscular Twitching or Convulsions.**

**A priceless remedy; forms bone, imparts strength, growth and vigor, ensuring sturdy youth and vigorous manhood.
Thousands have been thus rescued from feebleness and degeneracy.**

Colic and Crying. With cries, screaming, writhing, sobbing; must be carried; can't sleep. See page 45.

Teething and Diarrhea. Irritation due to teething; fretting; worrying; swollen, heated gums; irregular, or tardy coming of teeth; diarrhea of teething infants. *Given early, the teeth come forward regularly and without pain or notice.*

Skin. Rash, pimples, eruptions, soreness or excoriations of infants during dentition. See pages 76, 77.

Sleeplessness and Nervousness. Startings or twitchings in sleep, or even Convulsions. See SPECIFICS “2” and “33,” also pages 45, 46, 48, 61. *Especially effective for the Insomnia of Adults.*

Slow or Defective Growth. *Tardy learning to walk;* slow closing of cranial sutures; muscular weakness, flabbiness, slow development of muscle and bone. See page 47.

THE MOST EMINENT PHYSICIANS USE AND RECOMMEND IT.

After-Pains In Lying-in-Women promptly controlled by it.

 *See Pages 45-47 of this Manual.*

MRS. GRANT SCHOOLEY, Garfield, N. J., says: “I could not get along without your SPECIFIC “3” for baby. It has done wonders for her.

 **THE MILD POWER CURES.**

Price 25c., 50c. and \$1.00.

SPECIFIC

“4” Diarrheas, Summer Complaint

CURES

Loose, frequent Stools, with or without Colic, Pain or Vomiting; Cholera Infantum.

Specific “4” is invaluable, a perfect “Godsend,” always acting promptly and kindly.

It arrests the too frequent flux, restores the normal digestion and imparts health and tone to the system.

Specific “4” should be kept in families, or by those subject to loose stools.

Specific “4” always cures.

Diarrheas, *Diarrheas caused by indigestion, from the use of fruit, or fat foods, or from overloading the stomach; or from sudden change of diet, or of water, as when traveling; diarrheas of feeble children, with nausea, colic and extreme debility. Chronic Diarrheas of years’ standing, in adults, or in Consumptives, are triumphantly cured by SPECIFIC “4” in alternation with SPECIFIC “5.”*
See pages 47, 58, 59.

Summer Complaint, *Beginning with slight, but daily increasing looseness of bowels; emaciation; irritable stomach, intense thirst and vomiting of food or drink; then stupor. Or, very frequent, loose, offensive stools, great thirst, sudden vomiting, rapid emaciation, followed by coldness and collapse. See page 47.*
(Cholera Infantum.)

Vomiting. *With SPECIFIC “6” is the remedy for vomiting accompanied with great thirst.*

 *See Pages 47-48 of this Manual.*

C. W. HONIGMANN, editor of the *Lincoln County Anzeiger*, Merrill Wis., says: “I believe your SPECIFICS are indispensable in every family, especially for farmers.”

 **THE MILD POWER CURES.**

Price 25c., 50c. and \$1.00.

SPECIFIC

"5" Dysentery, Bloody Flux, Painful Diarrhea,

CURES

Colic, Bilious Colic, or Colic from Piles.

Specific "5" has no equal for Dysentery; painful, frequent, slimy, scanty, mucus, white, greenish or bloody stools, with straining or Tenesmus.

It acts mildly, promptly and safely; preserving the integrity and tonicity of the lining membrane of the bowels as no other remedy does. Always a **SAFE** and **PERFECT CURE**.

Dysenteries ; Looseness of the bowels; colic, griping and straining at stool ; frequent slimy, bloody or greenish evacuations ; more or less fever, thirst and nausea.

White Dysentery,

(*Fall Dysentery.*)

With above symptoms ; but with white or slimy mucus stools. See page 59.

Flatulent,

Gastric or

Bilious Colic.

With *writhing, twisting pains* in bowels; soreness and tenderness of abdomen, flatulence; nausea, etc.

If fever, alternate with SPECIFIC "1."

For *Colic*, an unrivaled remedy. See pages 66, 67.

SPECIFIC

"6" Cholera, Cholera Morbus, Asiatic Cholera

CURES

Specific "6" is a marvel of cure for Nausea, Vomiting, Coldness, Cramps, Sudden Profuse Discharges, Weakness, Prostration and Sudden Sinking of Strength.

Cholera Morbus ;

Vomiting and purging; pain in abdomen; thirst; sometimes cramps and coldness of the extremities; clammy skin ; anxiety and prostration. SPECIFIC "6" acts as if by magic. See page 57.

Asiatic Cholera and Choleraic Diarrhea,

Sudden prostration ; coldness, cramps ; vomiting and stools of thin, and afterward of "rice-water" fluid. SPECIFIC "6" taken during an epidemic, proves a wonderful *defense* and may be relied upon with confidence. See pages 57, 58.

Asthma.

SPECIFIC "6" is also a valuable remedy in some cases of *Asthma*. Try it.

MRS. ANNA DROTE, New Orleans, La.: "Cannot speak too highly of SPECIFIC "5"—it cured my husband of a very bad bowel complaint."

PUBLISHER of *The Daily Clipper*, Martin's Ferry, O., writes : "HUMPHREYS' SPECIFICS have become a household necessity."

 THE MILD POWER CURES.

Price 25c., 50c. and \$1.00.

SPECIFIC

“7”

CURES

Coughs, Colds, Bronchitis,

Hoarseness, Bronchial Irritation and Congestion.

The whole range of Chest Diseases, from simple
Hoarseness to Incipient Consumption.

Coughs, with pain and stitches in side, or with
Weakness and Emaciation.

With Morning Chill and Evening Fever, Pain in Throat
and Bronchia; Loss of Voice.

Inflammation of Lungs or Pleura, is covered by this
remedy alone or in alternation with Specific “1.”

Coughs, With hoarseness, irritation of throat, windpipe and
lungs; or with rough scraping sensation in larynx
or lungs; or with stinging pains in the chest or
side, or with blood-stained mucus. See page 60.

Bronchitis, Acute or chronic; with short, dry, irritating cough,
hoarseness; sense of roughness, pain or soreness
in chest; emaciation; and weary pain and feverish
towards evening. See also SPECIFIC “1.” See
page 60.

Pneumonia. With difficult, painful breathing; sharp pains or
stitches in chest or sides; cough, and bloody or
Pleuro-Pneumonia. tenacious expectoration. In alternation with
Pleurisy. SPECIFIC “1.” See page 63.

False-Pleurisy, An affection of the muscles of the chest, between
the ribs, simulating real pleurisy, and differing
from it by its being *unaccompanied by chill or
fever*. See page 63.

Chronic Laryngitis, With hoarse, weak, whispering or deficient voice,
frequent cough, scanty expectoration; frequently
or caused by overstrain of voice in preaching or by
Clergyman's Sore Throat. other vocal effort. SPECIFIC “7” allays the “huski-
ness” and irritation, preserves the voice, restores
vigor to the vocal chords. The comfort, health
and usefulness of numerous clergymen and public
speakers have been secured by the persistent use
of this invaluable SPECIFIC. In old cases, with
deterioration of tissue, see SPECIFIC “34.” See
page 33.

Incipient Pulmonary Consumption, With emaciation; cough, scanty expectoration, pain in chest or sides; cold hands in the morning, slight fever towards evening; perspirations at night, etc. See page 61.

This great remedy reaches almost *every form of pulmonary disease*. Thousands of individuals and families have long found SPECIFIC "7" their refuge and relief for all forms of Coughs, Colds, Hoarseness and Sore Throat. SPECIFIC "1" may often be used in alternation with it to great advantage.

DR. SHAFER, Capac, Mich., says: "HUMPHREYS' SPECIFIC "7" ordered by me, has done a great work. Mrs. James Turnbull had sat in a chair over a year, and her case had baffled the best M. D's. She now goes to bed every night and is gaining."

A. MEADS, Ontonagon, Mich., says: "Please send me HUMPHREYS' SPECIFIC "7." It is the best remedy I have ever used, and Case of SPECIFICS has already saved me many times its cost, \$20."

FRANK WHITMORE, Chariton, Iowa, says: "I have used HUMPHREYS' SPECIFICS for various complaints and found them successful. Have recommended SPECIFIC "7" in hundreds of cases and found it to always give satisfaction."

THOS. E. BROOKS, Montclair, N. J., says: "I have used HUMPHREYS' SPECIFIC "7" during the winter and have found it the best cure for Coughs and Colds that I have tried yet."

REV. N. L. ATWOOD, Cookport, Pa., says: "I am an old minister, have passed my 73d birthday. I was induced by my nephew—Rev. Ira C. Mitchell, late of Birmingham, Ala., now of Troy, Pa.—to try your SPECIFICS "7" and "19," for a very annoying difficulty in my throat, with which I had been troubled for many years. The relief was immediate and effectual."

MRS. GALLEN, New York City, says: "Your SPECIFICS "7" and "13" cured my little girl of the Croup, and I cannot praise it too highly."

THE MILD POWER CURES.

Price 25c., 50c. and \$1.00.

SPECIFIC

“8” Neuralgia, Toothache, Decaying Teeth,

CURES

Faceache; Sleeplessness from Nerve Pain
Sciatica; Neuralgic Colic; Cramps of Stomach or
 Bowels, without heat or swelling; Menstrual Colic.

**Especially pains, sharp, stabbing, stinging, twinging
 or shooting;—constant or with pauses and exacerbations,
 with extreme restlessness and nervousness,
 but without the redness, swelling and heat of inflammation.**

Toothache. Cures loose, brittle, decaying, defective or crumbling teeth. See page 68.

Faceache, Pain in bones of face, teeth and jaw; swelling of
 (*Tic-doulou*—the face after toothache. See page 68.

reux.) Or pain of the track of the great nerve of the leg

Sciatica, —extending down the hip, thigh, or around the
 loins. See page 74.

Neuralgias; Old and inveterate, defying all other remedies
 even in cases connected with *menstrual* disorders.

SPECIFIC “8” has effected many remarkable cures of soft,
 decaying or crumbling teeth, previously supposed to be beyond
 the reach of medical treatment. *No sufferer from any of the
 various forms of neuralgia should fail to give it a trial.*

SPECIFIC

“9” Headache, Vertigo, Fullness, Congestion,

CURES

Recurrent, Habitual, or Chronic Headaches.

Headache, *Sick Headaches, Vertigo, Congestion to the
 Head* in various forms; *habitual* recurring head-
 aches from fatigue, indigestion, irregular meals,
 excitement, etc.; alternated with SPECIFIC “1” or
 “10,” *rarely fails to cure the most inveterate
 headache.* See page 67.

Vertigo, Or swimming and fullness of the head, on rising;
 walking, turning around, or while lying down
 rush of blood to the head, with dizziness, red
 face. See page 72.

I. D. CHURCHILL, Deckerville, Mich., says: “SPECIFICS “9” and
 “10” prove a success in case of Headache where all other remedies fail.”

 THE MILD POWER CURES.

Price 25c., 50c. and \$1.00.

SPECIFIC

“10” Dyspepsia, Weak Stomach, Constipation

CURES

**Acid, Deranged or Weak Stomach ;
 Impaired Appetite ;
 Rising of Food, Bitter Taste, Biliousness ;
 Pains or Cramps in Stomach, or Gastralgia ;
 Lumbago, “Crick in the Back.”**

For DYSPEPSIA or INDIGESTION, *in all its varied forms*, it has proved in innumerable instances a complete and POSITIVE CURE. Indigestion, through sympathy and reflex nervous action, *affects all the bodily organs*, and *simulates the symptoms of other diseases* ; hence *irritability, despondency and mental depression* are frequent results of Indigestion. Thousands of such sufferers have been restored to LIFE, HEALTH and VIGOR, by the *persistent use* of SPECIFIC “10.”

**Bilious or
 Gastric De-
 rangement,
 or Acute
 Indigestion.**

Bad taste, coated tongue, offensive breath, loss of appetite, constipated bowels, and dull, heavy, stupid feeling. See pages 66, 67.

**Dyspepsia
 or Chronic
 Indigestion.**

Coated tongue, bad taste and breath ; rising of water or food after eating, belching of wind, sense of a load or stone in the stomach, sense of fullness or distress after eating ; slow, torpid, constipated bowels, tenderness at pit of the stomach, tight clothes insupportable ; low spirits ; weak, feeble or emaciated. See pages 65, 66.

**Weak
 Stomach.**

Everything disagrees. See page 65.

Constipation. *Slow, hard, scanty or infrequent stools.* P. 68.

Jaundice. Dark, earthy, yellow complexion, liver spots. P. 64.

Gastralgia. Severe, cramp-like, distressing pain in the stomach.

Heartburn, Or rising of sour or acrid fluids in the mouth.

Water-brash Or rising of food or water after eating.

Low Spirits, Or despondency, in connection with indigestion.

Lumbago, Pain in the loins or back, often a consequence of indigestion; and in women often accompanied with LEUCORRHEA, and for which SPECIFIC "10" is the prince of remedies. See page 74.

Vertigo, Or headache with dizziness from deranged stomach. See page 74.

Malaria. In *Malaria, Fever and Ague, Ague Cake* and *Old Mismanaged Agues*, SPECIFIC "10" in alternation with SPECIFIC "16" has NEVER FAILED TO CURE.

MRS. H. B. DOWNEY, New York City, says: "SPECIFIC "10" is my ideal for Dyspepsia and Stomach troubles."

B. F. STILES, publisher of the *Suffolk Bulletin*, Huntington, N. Y., writes: "I was not a believer in Homeopathy until I tried HUMPHREYS' SPECIFICS, and since then my doctor's bills have been very light. In a case of Constipation, your SPECIFIC "10" has given better results than anything else I have used."

G. W. PECK, Newfield, N. Y., says: "HUMPHREYS' SPECIFIC "10" cured my mother when the doctors did her very little good thirty-five years ago."

WM. J. GRANT, El Reno, Oklahoma Ter., says: "Please send me HUMPHREYS' SPECIFIC "10." We cannot do without the SPECIFICS having used them in my family for the past five years, and we will use them the balance of our lifetime."

MRS. T. L. MORGAN, St. Paul, Minn., says: "We have used HUMPHREYS' SPECIFICS for the last ten years with the best success. My husband is never without a bottle of the SPECIFICS in his vest pocket, lately using SPECIFIC "10" with good results. He has been a terrible sufferer from Neuralgia of the Stomach caused by Dyspepsia."

CROSMAN & PLUMMER, Minneapolis, Minn., says: "One of our customers who was a victim of Dyspepsia and Biliousness, tried HUMPHREYS' SPECIFIC "10" and is enthusiastic over the result."

EDUARDO E. PEREZ, Buenos Ayres, S. A., says: "SPECIFIC "10" cured me of Dyspepsia, where all other medicines failed. My father also was suffering from Dyspepsia for the last forty years, and now, with the SPECIFICS, is getting better, and can already eat meat, which for many years he was deprived of tasting."

WM. ALLAN, Oakland, Cal., says: "I have used HUMPHREYS' SPECIFICS in my family and find them excellent. For myself, SPECIFIC "10" is a necessity in this climate."

I. D. CHURCHILL, Deckerville, Mich., says, "HUMPHREYS' SPECIFICS "9" and "10" prove a success in case of Headache, where all other remedies fail."

CHARLES H. HOUSTON, New York, N. Y., says: "HUMPHREYS' SPECIFIC "10" cured me of Dyspepsia."

THE MILD POWER CURES.

Price 25c., 50c. and \$1.00.

SPECIFICS

“11-12-31” Female IRREGULARITIES

CURE AND DEBILITY.

These three SPECIFICS cure *every ordinary form of female weakness and derangement*, as testified by the experience of thousands.

**Delaying, scanty, irregular or suppressed Menses ;
Chlorosis ;
Excessive, too frequent, too profuse Menses ;
Bearing Down or Prolapsus ; Leucorrhea ;
Exceedingly Painful Menses ;
Pruritus or Irritation.**

Delaying, Scanty or Painful Menses. SPECIFIC “11.” Delaying, scanty, suppressed or obstructed monthly periods, caused by colds, fright, debility or mental emotions. See pages 82, 83.

Chlorosis, or (Green Sickness.) *Insufficient, pale, or colorless menstrual flow—Chlorosis* or “Green Sickness ;” pale face, mental depression, great weakness ; loss of, or else capricious appetite, craving for unnatural sorts of food ; absent, infrequent or scanty menses. See page 83.

Leucorrhea (the Whites) Bearing-down Pains. Falling of Womb. Prolapsus. SPECIFIC “12.” *Leucorrheal (excessive mucus) discharges ; too profuse, or too long-continued menses ; bearing-down pains, falling of womb, or tendency to it ; sense of fullness, weight and discomfort in the region of the womb ; toothache in child-bearing women.* See pages 12, 84.

Painful, (Dysmenorrhœa) Hysterical, Itching, etc. SPECIFIC “31.” *Painful menstruation, cramps, or spasms at time of the periods ; sometimes with hysterical laughing and crying. Voluptuous itching, or crawling sensation, driving one to distraction : leucorrhea, or “whites.”* See page 83.

Delayed or Suppressed, With colicky, cramping pains, nausea, convulsive movements of limbs ; spasms of the chest ; laughing, crying or hysterical actions at commencement of the monthly flow. See pages 82, 83.

Too Copious, With voluptuous crawling, itching and irritation
Early, or almost driving one to distraction; with leucor-
Long rhea in the intervals between the menses. See
Continued, page 84.

A. F. GILLETTE, Fitchburg, Mass.: "SPECIFIC **"31"** is the most effective remedy for *extreme pains* I ever tried."

G. W. SHOOK, editor of the *Echo*, Jennings, Kan., writes: "HUMPHREYS' SPECIFICS, so far as we have used them, give entire satisfaction. My sister had Salt Rheum on one hand and SPECIFIC **"14"** cured her; and my wife has used SPECIFICS **"11"** and **"31"** with great success."

EVA M., Oakland, Kan., says: "I have been taking HUMPHREYS' SPECIFIC **"12"** for Leucorrhœa, and have received so much benefit that I thought I would try the SPECIFIC for Neuralgia and Scrofula, from which I am a great sufferer."

WM. D. JONES, publisher of the *Watchman*, Waverly, Ohio, writes: "I find HUMPHREYS' SPECIFICS very valuable in every case where I use them. For Headaches, Fevers, Cold in the Head and Diarrhea, they are invaluable. My wife also adds her testimony to the good effects of SPECIFIC **"12"**."

☞ THE MILD POWER CURES.

Price 25c., 50c. and \$1.00.

THE GOLDEN DOUCHE--"G. D."

See page 84.

Cures LEUCORRHEA; BEARING-DOWN, or PROLAPSUS; PRURITUS, Irritation; *Incipient Degeneration of tissue*, or *Cancerous Ulceration*.

While the SPECIFICS **"11"**—**"12"**—**"31"** are the effective cure, yet the GOLDEN DOUCHE, a MEDICATED FLUID applied *directly to the parts*, affords prompt relief; SOOTHES, ALLAYS IRRITATION; IMPARTS TONE AND STRENGTH; ARRESTS UNHEALTHY DISCHARGES; HEALS ULCERATIONS, DEGENERATIVE TISSUE, OR MORBID GROWTHS; ADDS HEALTHY VIGOR TO THE ENTIRE SYSTEM.

The Golden Douche (G. D.) may be had of dealers, or will be sent free on receipt of \$1.00; Syringe, 25c.

SPECIFIC
“13” Croup, Hoarseness, Laryngitis,
 CURES

Hoarse Cough; Difficult, Oppressed, Wheezing or Stridulous Breathing.

SPECIFIC “13” has proved, in hundreds of cases, a *prompt, safe, convenient, simple and effective* cure for Croup in all its usual forms; *the ideal cure* for this always alarming and oft-times very serious disease. *Thousands of Mothers* have learned to rely upon it with all the confidence born of long experience in its use.

It is also efficient for *Laryngitis*, or disease of the throat and larynx (often mistaken for Croup). See also SPECIFIC “34.”

Croup. *In all its forms, inflammatory, spasmodic, even membranous; croup with fever, hot skin, quick pulse and labored breathing, hoarse cough, etc. See page 49.*

Laryngitis,
(Acute.) Inflammation of larynx, or vocal chords, with painful hoarse cough; scanty expectoration; loss of voice; weighty feeling of chest and great general depression. See page 33.

THOS. LONG, Racine, writes: “I have seen SPECIFIC “13” cure the Croup where doctors’ medicines would not.”

W. H. JOHNSON, editor of the *Sun*, Salina, Kan., says: “With five children I scarcely employ a physician. The SPECIFICS have done with us all that is claimed for them.”

 THE MILD POWER CURES.

Price 25c., 50c. and \$1.00.

SPECIFIC

“14” Skin Diseases, Eruptions,

CURES

**Eczema; Erysipelas; Salt Rheum;
Scald Head; Nettle-Rash;
Acne, Red or White Pimples;
Facial Moth Spots, Bad Complexion;
Barber's Itch.**

For *Clearing the Complexion* of Blotches and Pimples, and for imparting to the skin a *clear, healthy tint*, it is supreme—as is attested by the happy experience of thousands who have used it. *Simply persevere in its use.*

Eczema. Small pimples, either dry or moist, upon red or irritated surface, with *itching, burning* or *stinging*; forming *scabs, crusts* or *scurf*. See p. 76.

Erysipelas. *Red swellings*; blisters, or vesicles filled with fluid, with intense *itching, burning* and *stinging*; *fiery heat*; then peeling or scaling of the skin; quick pulse, etc. See page 76.

Nettle-Rash. Red or white blotches, like insect bites, accompanied with *itching* and *burning*. See page 76.

Salt Rheum, *Roughened, scaly, chapped* condition of skin of hands or other exposed parts; *cracks* and fissures in skin of joints, etc.; *old ulcers*. See pages 76, 77.

Acne, Red pimples or black “pin points” on face, forehead, neck, etc., often with— See page 77.

Bad Complexion. A thickened, roughened, scaly, dry skin; giving a swarthy, unclean appearance to the face.

Barber's Itch. Obstinate, *red, itching eruption* on chin and hairy parts of the face, very difficult to cure, and easily communicable to others by use of the same razor, cup or brush in shaving. See page 76.

Scald-Head. Moist or dry; or vesicles of fluid, which later form *crusts of matter* on the hairy scalp. See page 77.

MRS. H. T. MURCH, Waterville, Me., says of SPECIFIC “14”: “Baby is looking fine. Her head is entirely well and has been for two months.”

 THE MILD POWER CURES.

Price 25c., 50c. and \$1.00.

SPECIFIC

"15" Rheumatism, Acute, Chronic or Gouty;

CURES

**Soreness, Lameness and Stiffness;
Pain in Neck, Shoulders, Back, Loins, Limbs;
Sciatica.**

Acute Rheumatism, With *high fever, redness and swelling* of the affected parts; scanty secretions.
See also SPECIFIC "1."

or

Chronic. *Lameness, stiffness, pain, aching*; even distortion of the part. See pages 73, 74.

Lumbago. *Pain, with stiffness, or sudden "catch" in the small of the back, worse upon rising from bed, "Crick in the Back."* or chair, or in walking, or stooping; or a constant, dull pain in back or loins. See page 74.

Sciatica. Severe *shooting, drawing* pain; or continuous dull, heavy, aching pain in *hip, thigh, leg* or foot; sometimes with numbness. See page 74.

In *acute* Rheumatism alternate with SPECIFIC "1;" in old or *chronic* forms with SPECIFIC "10." See page 74.

MRS. E. P. AUSTEN, Phila., used SPECIFIC "15" for Articular Rheumatism: "Have taken three bottles and have been relieved greatly. It has done me more good than anything I have done or taken."

THOMAS ARNOLD, Dundaff, Pa.: "I must tell you the case of a man that has had Rheumatism for the last four years, so that his joints have all swelled up, and he could not shave himself, and is now fast being cured by SPECIFIC "15;" shaves himself, and is getting well fast. I might mention other cases."

M. R. DICKENSON, Esq. 430 Walnut street, Philadelphia, confined to his bed for three weeks by severe articular rheumatism, with excruciating pain, which three old-school physicians failed to relieve; procured the SPECIFIC "15" Pills, was out in three days, and soon permanently cured.

MRS. W. W. PARLIN, Los Angeles, Cal., says: "My husband used SPECIFIC "15" for Inflammatory Rheumatism in knee. One bottle did more than six weeks close attention of best physicians."

 THE MILD POWER CURES.

Price 25c., 50c. and \$1.00.

SPECIFIC

"16" Malaria, Fever and Ague, Dumb Ague,
CURES

Chills and Fever; Old, Mismanaged Agues.

Those residing in, or passing through, malarial localities are protected from Malaria and Ague by the use of Specific "16"; and Ague Cake, (Enlarged Spleen, or Liver,) as well as other effects of badly treated or neglected Agues—or of the Quinine, Cholagogue, Arsenic, etc., taken for its cure, are cured by its use. See also Specific "10."

Malaria. Coated tongue, bad taste, no appetite; dullness, easy fatigue; constipation and dull "ague-pains."

Fever and Ague. *Chills; headaches; pain in back or limbs, followed by fever and perspiration; chills every day, or (Intermittent Fever.) every second day; or irregular returns of the chill and other symptoms. See pages 54, 55.*

Dumb-Ague. *Old, partly suppressed agues; or those which have been badly treated and imperfectly cured; weakness and dullness; indigestion, bloating, etc.*

Old Agues, Where everything has been used, but no permanent cure found; these are especially the kind of cases in which this SPECIFIC CURES PROMPTLY.

"Ague-Cake." Enlargement of the Spleen, common in malarious districts. See page 55.

People frequently write to us thus: "We have been exempt from ague since we have used your **"16."** "We have no fear of Ague, if we can get your SPECIFIC **"16."**

Hundreds of families owe their exemption from the scourge of Malaria and Ague to the use of this SPECIFIC **"16."**

HARRY G. MYERS, St. Louis, Mo.: "I had the Malaria and paid the doctor for three long weeks; then, learning it was malaria, I left the doctor, bought a 25c. vial of SPECIFIC **"16,"** and before I used half of vial, I was well."

ROBERT W. KERWIN, St. Louis, Mo., says: "I used SPECIFIC **"16"** for Chills. Every other remedy had failed. One bottle of the SPECIFIC cured me."

 THE MILD POWER CURES.

Price 25c., 50c. and \$1.00.

SPECIFIC
"17"
 CURES

Piles, or Hemorrhoids,

Blind or Bleeding, External or Internal, Recent or Chronic;

Itching Piles;

Engorgements and Congestions of the lower Venous circulation, arising therefrom, are cured by Specific "17" and the W. H. O. or WITCH HAZEL OIL. They Never Fail.

Piles, *With fullness, itching, burning* in the anus; soreness; sore, tender, inflamed *tumors* coming down at stool and sometimes bleeding. See page 66.

"Falling of the Bowel," *Prolapsus of the rectum* at every stool; "broken-back" sensation and weakness; *chaps* and *fissures* of the anus, with bleeding and burning pains. INTERNAL piles, with lameness and soreness of back and sacral region; painful, narrow and sometimes bloody stools.

Old or Chronic Piles, Caused by over-strain, fatigue, mental work, or by indigestion and dissipation, are *always cured* by the *habitual use* of SPECIFICS "17" and "10," in alternation. See page 66.

Fissures, Chaps and Cracks, And especially *Fistula in Ano*, are cured by SPECIFIC "17," together with the external application (as *in all forms* of hemorrhoidal complaints) of the WITCH HAZEL OIL. See also SPECIFIC "10."

MRS. G., Greenville, Tenn.: "I cannot speak highly enough of your WITCH HAZEL OIL, which entirely cured me of a very bad case of Piles, some four months ago, which have never returned."

ALBERT MUSSON, Chicago, Ill., writes: "Have used HUMPHREYS' WITCH HAZEL OIL for Piles, and find it to be the best treatment I have ever taken."

For WITCH HAZEL OIL see third page of cover.

 THE MILD POWER CURES.

Price 25c., 50c. and \$1.00.

SPECIFIC

"18"

Ophthalmia, Inflamed or Weak Eyes

CURES

**Sore Eyes or Eye Lids;
Defective Sight; Styas.**

Ophthalmia. *Redness* of the eyeballs on their surface; intolerance of *light*; flow of hot, *scalding tears*; *dryness*, as of sand, on inside of eyelids; headache; matter in the eye, frequently gluing the lids.

Ophthalmia. *Old* cases, with injected vessels and even *ulcerated spots* on surface of the eye; dimness of vision; redness and agglutination of the lids. In these cases, it is well to *alternate* with SPECIFIC "35."

Inflamed Eyelids, and "Styes." With swelling, or *thickening of the margin of the eyelids*, and *loss of eyelashes*; styes on lids; small painless tumors on lids; profuse flow of tears on exposing the eyes to bright light, wind or open air. Use in *alternation* with SPECIFIC "23." See page 69.

Weakness of Sight. From eye-strain, use in a bad light, or too freely during bodily weakness—threatened *amaurosis*. See page 69.

In all these affections, particularly of the lids of the eye, the free use of a *lotion* of HUMPHREYS' MARVEL OF HEALING—one part to six parts of water—is a wonderful relief to the eye, and promoter of cure.

G. H. KEEFER, druggist, Phoenix, A. T.: "Your goods received all O. K., and I wonder how I ever ran this store so long without them."

THEO. HART, JR., publisher of the *Evening Gazette*, Pittston, Pa., says: "Our folks would hardly know how to keep house now without HUMPHREYS' SPECIFICS."

 THE MILD POWER CURES.

Price 25c., 50c. and \$1.00.

SPECIFIC

**"19" Catarrh, Acute or Chronic;
CURES**

Flowing or dry; profuse or scanty nasal discharge, sometimes with sneezing and scalding tears.

Old or long-standing catarrhs, with dry or crusted nostrils; deficient (or loss of) taste and smell; offensive discharge.

Specific "19" is effectual in curing the lining mucous membrane of catarrhal nasal tract, thus restoring its natural health and secretions.

Thousands have been restored by it, after the fruitless use of snuffs, douches and inhalations.

Influenza. *Sneezing; flow of scalding tears, or mucus from nose and eyes; cough, with soreness, hoarseness, roughness and scraping sensation of throat, bronchial tubes and chest; feverishness with prostration.* See page 61. See also SPECIFIC "77."

Catarrh. Discharge of thick, yellow mucus; or, an obstructed nose; or continual *dropping of mucus in the throat* (especially at night), accompanied by a *deficiency*, or even complete *loss of smell and taste.* Loose *catarrhal coughs of children.*

Ozæna. Old, long-standing catarrh; affecting the bones of the *nasal cavities*, with impairment of the senses of taste, hearing and smell; with plugs of mucus from the nose and throat, and brownish and very *offensive discharge and breath.*

 See also Pages 61 and 70

OSCAR F. WINCHELL, New York, N. Y., says: "After having suffered for twenty-four hours, from what I supposed to be a mere cold, I began to grow worse, whereupon I consulted **Humphreys' "Mentor,"** and found the symptoms of INFLUENZA therein indicated to tally exactly with my case. I procured HUMPHREYS' SPECIFICS "7" and "19," and felt relief within six hours after the first dose, and as well as ever within thirty-six hours."

JAS. C. STUART, Harrisburgh, Pa., says: "I have used HUMPHREYS' SPECIFIC "19" for CATARRH and INFLUENZA, and can say it has cured me; would recommend it to others."

 THE MILD POWER CURES.

Price 25c., 50c. and \$1.00.

SPECIFIC

“77” La Grippe, Influenza, Hay Fever ;

CURES

Flowing Eyes and Nose, Coryza ;
 Sneezing, Cough ;
 Feverishness, Restlessness, Irritability ;
 Heat or Dryness of Throat, Thirst ;
 Pain and Soreness in Head, Back and Lungs ;
 General Prostration and Despondency.

For La Grippe, or Epidemic Influenza, Specific “77” is the most wonderful remedy yet devised—“par excellence” the remedy for the Grip, promptly curing all its manifestations. Taken early, it cuts it short; taken during the prevalence of the epidemic, it pre-occupies the system and repels the invasion; taken while suffering, quick relief is given, culminating in an entire cure. The long continued weakness and despondency caused by the Grip, finds no better remedy than “77.” Colds which are obstinate, that “hang on” and do not yield to treatment, find relief from “77.” For extreme fever, alternate with Specific “1;” for Violent Cough or Chest Pains alternate with Specific “7.” But, in general, Specific “77” is sufficient.

First Symptoms. *Coryza*, or nasal irritation or discharge, *cough*, sore throat; *headache*; *backache*; and general depression.

More Serious Symptoms. *Pain in head, back, chest or limbs*, sometimes of sudden and prostrating *neuralgic* character; sometimes *cerebral excitement*, even delirium; extreme *prostration, languor or debility*; *depression of mind*, even after the first violence of the attack has passed away; *bronchitis*, or *broncho-pneumonia* may become serious complications. See page 62.

“Rose,”
 “Hay,”
 “Autumn,”
 or “Peach” Catarrh. For this, to which some persons are remarkably susceptible (coming on *annually*, generally between 20th of August and 1st of October), SPECIFIC “77” is an invaluable remedy. Taken early, days before the attack, continued persistently four times a day, it relieves the sneezing, lacrymation and asthma; and *by its continued use, from season to season*, eliminates the germs of the disease from the system.

Moderation in the use of coffee and tobacco ; avoidance of exposure ; keeping warm and using only light and easily-digestible food, will greatly aid the beneficent action of SPECIFIC “77.”

We are deluged by letters reciting the wonderful cures.

WILLIS M. TYLER, Lawyer, New York City, says: “It affords me pleasure to attest the benefits to be derived by sufferers from ‘La Grippe’ in the use of your SPECIFIC “77.” I have used it in my family, and through its use have afforded relief to my wife ; and, I believe, have actually cured our cook, who had all the symptoms of that distressing ailment.”

MRS. A. E. WRIGHT and MRS. A. WILSON, New York City, unite in testifying to the value of SPECIFIC “77,” in severe attacks of Grippe, suffered by them, and by one of them with accompanying symptoms of Diphtheria. It has entirely cleared the patches and healed the soreness.

MRS. E. C. HALL, New York City, says: “I wish to express to you how much we appreciate your SPECIFIC “77.” We have used it in our family since it was first advertised. It is invaluable in Grippe and Bronchitis, and we would not be without it.”

MRS. S. L. MURPHY, Brooklyn, N. Y., says: “I had a severe attack of La Grippe, which left me with a dreadful hacking cough. I tried SPECIFIC “77,” and was entirely cured in one day.”

A. J. LEITCH, ESQ., 442 Central Park, West, took the trouble to call at our office to express his gratitude ; SPECIFIC “77” cured him of a very hard cold, tightness and pains in the chest, and sore throat, the good effects being shown inside of twelve hours.

REV. E. P. PIERCE, of Charion, Iowa, says: “SPECIFIC “77” has cured a bad cold in my wife, which I have been treating for some time, and she only used about one-fourth of a bottle.”

MRS. ED. STRASSLE, Westchester, N. Y., says: “A small bottle of your SPECIFIC “77” has relieved me greatly of Hay Fever.”

 THE MILD POWER CURES.

Price 25c., 50c. and \$1.00.

SPECIFIC

“20” Whooping Cough,

CURES

Spasmodic, Convulsive, Dry or Hoarse Coughs.

SPECIFIC “20” is *absolutely infallible* for Whooping-Cough; given early, *it arrests its development* and *averts* the convulsive, or “whooping” stage. Given later, it *soothes* and *moderates the cough, controls its course and shortens its duration*. Patients never tire of telling of its magical effect in relieving, arresting and curing this most troublesome (and in very young children often fatal) disease. *Hundreds of physicians use it in their practice.*

Whooping-Cough. A succession of short coughs—then a deep inhalation or in-drawing of the breath (causing the deep, hoarse sound or “whoop” peculiar to this cough); with head thrown back, protruding eyes, flushed, bluish face; struggling for breath; raising or *vomiting* of mucus; and sometimes even suffocating convulsions. See pages 48-50, 60.

GEO. MONKMAN, druggist, Barrie, Ont.: “Your medicines are growing in favor. I use them in my family; had Scarlet Fever in my family last summer, and found SPECIFIC “1” of great benefit; as also SPECIFIC “20,” of which remedy I sold a large quantity last winter, when we had Whooping-Cough.”

REV. J. J. COWLES, Adams, N. Y., says: “HUMPHREYS’ SPECIFIC “20,” for Whooping-Cough, worked like a charm. My children, who were taken down with the troublesome disease in the late fall, have been completely cured for more than six weeks.”

T. R. JEFFERSON, Cambridgeport, Mass., says: “Have tried HUMPHREYS’ SPECIFIC “20” for the Whooping-Cough, and like its results. Have an idea of adopting the other Specifics for the use of my children.”

J. H. LIVINGSTON, publisher of *The Reformer*, Bennington, Vt., says: “We have just brought our twins—boy and girl, aged 4 years—nicely through the Whooping-Cough with the SPECIFIC “20.”

 THE MILD POWER CURES.

Price 25c., 50c. and \$1.00.

SPECIFIC
"21"

ASTHMA;

CURES

Difficult, Labored, Oppressed Breathing;

Asthmatic and other forms of Sighing, Stridulous Breathing, with or without Cough and Expectoration, are always relieved and often quite cured by Specific "21."

To hundreds of asthmatics it has proved a great alleviation of their sufferings; often, when *persistently* used, *effecting an entire cure*. For asthmatic *children* IT IS INFALLIBLE.

Asthma, Recent, Chronic; Dry, Humid, Stridulous or Sighing; Labored Breathing and Cough, dry and irritating, scanty (and later freer) expectoration and relief. Recurrent attacks, from exposure, over-effort or mental emotions. See pages 70, 71.

Palpitation
of Heart,

From asthmatic attacks, with great oppression of the chest. See also SPECIFIC "32," and page 71. In *extreme* cases of Asthma, SPECIFIC "6" is often effective.

ROBERT W. KERWIN, St. Louis, Mo., says: "Mother uses SPECIFIC "21," and it always relieves her Asthma."

SPECIFIC
"22"

CURES

Earache, Ear Discharges, Noises in Ear

Noises in Head, Roaring, Humming, Buzzing, Ringing, Chirping; Impaired Hearing; Enlarged Glands; Slow Growth, White Swellings, Urinary Incontinence.

Earache
and
Discharges,

In children or adults, from cold, toothache, boils or exposure to damp weather; discharges following Measles, Scarlet Fever, etc.; with hardness of hearing, roaring, humming, buzzing, ringing, chirping, or other noises in the ears. Catarrhal *Deafness* from cold, "wax in ear," etc.

Enlarged
Glands,

Of the neck, in children, or adults; old ulcers and sores which are slow to heal; *slow growth* of the bony system in childhood or youth, with consequent weakness. See pages 41, 75.

White
Swelling.
(Hip-
Disease.)

Swellings of Knee or Hip Joints, tumid, white, shining, with pain, tenderness, lameness and tendency to suppuration—a constitutional disease; also, in alternation with SPECIFIC "30," *wetting the bed*, in children. See pages 28, 48, 81.



THE MILD POWER CURES.

Price 25c., 50c. and \$1.00.

SPECIFIC

"23" Enlarged Glands, Scrofula,
CURES

Enlarged Tonsils; Felons, Carbuncles, Tumors, Boils; Habitual Bad Breath, or Foot Perspiration, Old Scaly Eruptions.

Tonsils. *Chronic* enlargement, obstructing the passage hindering breathing and even swallowing. P. 75

Swollen Glands. Beneath the jaw, on the neck, under the armpits and in groins; with tenderness, inflammation or suppuration; hard enlargements or knots about the neck; slow-growing, painless enlargement of glands, called "Cold Swellings"; tumors, etc. See page 33.

Carbuncles. Hard, angry-looking, purplish swellings, inflamed surrounding surface; stinging, burning pains and slight discharge of thin fluid from several openings; great distress and general prostration. For *recurring boils* and angry eruptions, use SPECIAL SPECIFIC "38." Price, \$1.

Felon. Inflammation or suppuration at the *root of the* (Whitlow.) *nail*, or "down on the bone," with great heat, throbbing and excruciating pain; at times decay and death of the bone.

Offensive Breath, or Foot-Perspiration, Especially in young persons, very easily controlled by this remedy.

Old Scaly Eruptions. Ulcers and itching scurfy places, on any part of the body or limbs.

 See also Page 75.

In most *chronic* cases, SPECIFIC "22" may be alternated (week about) with SPECIFIC "23." As a remedy for deep-seated disease it cannot be too highly extolled or trusted. For the *radical cure of Enlarged Tonsils* its *continued use* is supreme.

 The SPECIAL PRESCRIPTION for *Goitre* or "Derbyshire Neck," (Price \$1.00) has been found very successful, even in old advanced cases.

 THE MILD POWER CURES.

Price 25c., 50c. and \$1.00.

SPECIFIC

"24" General Debility;

CURES

**Physical and Nervous Weakness, Brain Fag;
Lassitude, Easy Fatigue, Irresolution;
Want of Energy;
Often with Indigestion, Constipation, and
Nervous Dyspepsia.**

Specific "24" is the Specific Tonic Remedy for Physical and Nervous Weakness; caused by Mental Strain, Business Anxiety, Care or Worry, Overwork, Emotional Excitement; Illness; Loss of Blood or of Sleep; Indigestion.

Thousands of *business men*, under the severe strain of business, professional or mental competition; and thousands of *mothers*, depleted of vitality by child-bearing and incessant burden of household cares, have found SPECIFIC "24" "a priceless boon."

General Debility.

Easy fatigue, trembling, weakness, perspiration on effort or walking, or during sleep; tired, weary feeling on awaking, with sense of insufficient sleep; readily excited or unnerved while at work; or, pale, bloodless lips and face; yellow or earthy complexion; feeble digestion, poor appetite. See p. 72.

Brain Fag,

(*Exhaustion of brain power*) of professional, literary or business men, coming on suddenly or gradually, with easy fatigue, disrelish for mental effort; sense of insufficient sleep, sleeplessness from thinking; easily annoyed; words and thoughts evade or come slowly, etc. See page 72.

 See Page 72 of this Manual.

 THE MILD POWER CURES.

Price 25c., 50c. and \$1.00.

SPECIFIC
"25"
 CURES

Dropsy, Fluid Accumulations,

Puffiness, or Swelling of Hands, Face, Feet, Limbs or other parts; Scanty Secretions.

General. With doughy, or easily-pitting swellings of the body
 (*Anasarca.*) or limbs, especially in the legs or more depending
 portions, *with Scanty Urinary Secretions.*

Head, (Or Hydrocephalus) in infants. See page 81.

Chest (*Hy-*
drothorax) Turns of labored, difficult breathing; inability to
and Heart. lie down; swelling of feet, legs; scanty secretion
 (*Cardiac* of the urine.
Dropsy.)

Abdominal Great (sometimes immense) *distention* of the
 (*Ascites.*) *abdomen*; doughy swelling of feet and legs;
 scanty secretion of urine; *Ovarian*, in females
 with the above symptoms.

Dropsy. From "Bright's Disease." See page 81. *Alter-*
Bright's *nate* with SPECIFIC "27." See page 81.
Disease.

In all cases, whether slight or severe, SPECIFIC "25" proves
 an invaluable *relief*; and in numberless cases an *absolute cure*.

SPECIFIC
"26"
 CURES

Sea Sickness,

Illness from Carriage Riding;

Vertigo, Nausea, Vomiting, Prostration.

Sea-Sick- Taken before sailing, and continued for the first
ness and few days of a voyage, it *arrests* and *prevent*.
Nausea. Sea Sickness; and finally cures the disease.

Carriage Also excellent for sickness from *traveling by*
or Railway *carriage or railway.* See page 65.
Sickness.

MISS G. A. HUMPHREYS, of London, England, ordering a supply of
 SPECIFIC "26" for her personal use, writes: "I consider this remedy a
 GREAT BOON to all who travel by water; and would never willingly go
 to sea without it."

 THE MILD POWER CURES.

Price 25c., 50c. and \$1.00.

SPECIFIC

“27” Kidney and Urinary Diseases,

CURES

Bright's Disease;**Renal Calculi; Gravel or Sand;****Pain or Distress in Kidney region, loins or back;****Scanty Urination.**

Kidney Troubles. *Pain, uneasiness or lameness in loins or kidney region; or over the entire abdomen; urine thick, turbid or frothy, with sediment, and occasionally with deposits of sand, gravel, or reddish “brick-dust,” or white, pus-like matter. See pages 78-82.*

Inflamed Kidneys. *Fever; pain across the loins; frequent passing of hot, dark, red, or even bloody urine; with Nephritis.) burning pain extending down the insides of the legs. See page 78.*

Bright's Disease. *Pain, weakness, weariness of the loins; urine either abundant or scanty, generally pale, foamy, albuminous, sometimes full of minute shreds from diseased kidneys; dropsy, at first slight, but towards the last very great and inveterate.*

Renal Colic. *Violent pain in back, extending forward and downward, or over whole abdomen; sometimes with retraction of the testicle, and with difficult urination; urine scanty, bloody; great feverishness and disturbance of the whole system.*

Renal Calculi, *(Gravel, Stone.)* *With difficult urination, pain and general distress; urinary stream slow and interrupted. See p. 80.*

Enuresis. *(Urinary Incontinence.)* *See pp. 48, 81. See SPECIFIC “30.”*

Diabetes. *Excessive discharge of pale, heavy and sugary (Sugar in urine; debility; progressive emaciation; red, fissured tongue, enlarged papilla, constant thirst, copious urination; voracious appetite, sinking of the stomach; bowels usually costive, stools hard and dry; harsh, dry skin. See page 81 for SPECIAL DIABETES PRESCRIPTION.*

 *See also Pages 79-81.*

 **THE MILD POWER CURES.**

Price 25c., 50c. and \$1.00.

SPECIFIC

"30"

CURES

Diseases of the Urinary Organs

Too Frequent, Difficult or Painful Urination ;**Too Urgent, or Inability to Retain ;****Nightly Enuresis, or Bed-Wetting ;****Enlarged Prostate.****Inflamed
Bladder,
(Cystitis.)**

With pain in front, over the bladder ; constant fruitless straining to urinate ; painful passing of only a few drops at a time of scanty, high-colored, even bloody urine, which may also be loaded with mucus or pus. See page 78.

**Inflamed
Urethra,
(Gonor-
rhea.)**

With frequent scalding, burning urination and inability to retain ; discharge of thick yellow matter ; swelling of the prepuce. For recent or *very severe* cases use *Anchor SPECIFIC*—large vial of fluid ; price \$2.00. See page 78.

**Wetting the
Bed.
(Enuresis.)**

Nightly, involuntary urination in children, or even adults. In "wormy" children, use SPECIFIC "30" alternately with SPECIFIC "2," or in weakly children with SPECIFIC "22." See pages 48, 81.

Strangury. *Difficult, painful urination ;* urgent desire, with scanty flow, discharge of mucus, or thick white sediment, or of *bloody urine*. See page 79.

**Enlarged
Prostate.
(Prosta-
titis.)**

Especially in men over the age of 50, swelling of the gland situated near the outlet of the bladder causing frequent calls to urinate ; slow, difficult, imperfect flow, dribbling, pain.

Humphreys' Specifics "27" and "30" cannot be too highly praised or too confidently trusted. In thousands of instances they have proved themselves absolute specifics ; and in cases beyond number have comforted, relieved and cured every known form of kidney and urinary disease. In cases which, from their long standing and obstinate character, have

seemed utterly hopeless of any improvement—SPECIFICS “**27**” and “**30**” have accomplished absolute cures, to the great surprise and gratification of patient and friends.

Where it seems difficult to precisely locate the disease, both the kidneys and their conduits being involved, *both* specifics should be taken; “**30**” for one week, and “**27**” for the next; week about, in alternation; and with the best expectation of favorable results.

BENJAMIN F. ARMSTRONG, Rockport, Mo.: “I part with my last dollar to obtain what I know to be a grand remedy for kidney and bladder difficulties. I am an old man.”

J. W. BREATHEA, Lynchburg, Va., says: “I have been for the past three years using HUMPHREYS’ SPECIFICS for my family and have received great benefit from their use; particularly in my own case for Catarrh of the Bladder. I had been under the treatment of a physician for six months without deriving any benefit. Seeing a notice of the SPECIFICS for case of Catarrh of Bladder, “**27**” and “**30**,” I obtained them, and by the use of two bottles was relieved.”

JOHN H. MCKINNIE, Beloit, Kan., says: “The SPECIAL “**27**” helped me very much; the peculiar action of the heart has left me; the heavy, weary feeling of the back has been relieved. I would sweat on the least exertion, and the sweat would have a very dirty sour smell. This has left me. I believe the treatment will be a success. This is unsolicited on your part; I simply write it as a matter of gratitude.”

MRS. S. K. MOOERS, Oldfield, Va., says: “I am daily improving under your wonderful treatment. * * * I am now able to attend to my household duties with more ease than for five years, and can ride with little inconvenience. My son has discontinued the “**27**” and “**30**,” as all symptoms of urinary trouble have disappeared. May God bless you on earth, and finally bring you into His Kingdom above, is the true wish and prayer of, Yours, etc.”

L. OESTREICHER, New York City, says: “After experimenting with about a dozen doctors and expending nearly \$200 on my little girl, who has wet the bed every night for eight years past, I was advised to try your “**30**” SPECIFIC; and being so pleased with the result, I concluded to let you know the fact. The trouble has entirely disappeared and she has gained eight pounds in weight in two months. No more M.D.’s for me.”

MRS. N. SCOFIELD, Little Rock, Ark., says: “I am using your SPECIFICS “**27**” and “**30**” for my father (aged 82) with good effect. Our physician has given him up, says he is in the last stages of Bright’s disease and liver complaint. Your “**30**” and “**27**,” although he has taken but one-half bottle each, have helped him.”

 THE MILD POWER CURES.

Price 25c., 50c. and \$1.00.

SPECIFIC
"28" Nervous Debility.
 CURES

This incomparable SPECIFIC for all conditions arising from *Exhaustion of the Vital Powers, loss of Vital Fluids, or excessive drains, or overtaxation of the Mental or Physical Systems*, has been endorsed by the experience of thousands who have used it. *No end of good has been accomplished by its use.*

Youthful Indiscretions. *Impaired memory; irresolution; avoidance of society; love of solitude; paleness; depression; gloomy, taciturn mood, even to loathing of life; with bodily weakness and repugnance to exercise*
Vital Losses. *or mental effort; involuntary discharges, with or without dreams, followed by prostration; pollutions from relaxed organs; mental despondency and melancholia. See page 72.*

Mental Overwork, Or strain frequently produces many of these symptoms. See page 72.

No remedy ever offered to the public for the cure of this line of diseases has proved as potent as this SPECIFIC **"28."** Thousands who were in a condition of *mental decline* have been rescued; and "mere wrecks" owe to its use the renewed vigor, energy and mental enjoyment with which they are now able to engage in the business and pleasures of life—all due to SPECIFIC **"28."** PRICE, \$1.00.

* * *, Waterville, N. Y., says: "It is simply wonderful, the way that SPECIFIC **"28"** took hold of me and built me up. I am very much improved in every way."

For old, *mismanaged* cases of Nervous Debility, we have a SPECIAL PRESCRIPTION SPECIFIC **"28,"** put up in packages of 5 vials of pellets and one double-size vial of powder. PRICE, \$5.00. *Single double-size vial of powder, \$2.00.*

SPECIFIC
"29"
CURES

Canker Sore Mouth, Morning Sickness,

Obstinate Fever and Ague;
Slowness of Speech in Children;
Chronic Sore Mouth in Adults.

In *Infants*, with soreness, scalding and burning, interfering with the infant's nursing; in *Mothers* it shows itself similarly; also, when caused either by *Syphilitic poison* or from the effect of *Mercurial treatment*. Also, *morning sickness* in pregnancy. See page 47. *An infallible cure.*

Price 25c., 50c. and \$1.00.

SPECIFIC
"32"
CURES

Heart Diseases, Change of Life

Palpitations; Irregular Heart Action;
Flushes of Heat and Nervousness;
Angina Pectoris.

Palpitations. *Irregular, tumultuous or violent throbbing; chronic weak, irregular heart action; quick, uneven pulse and breathing; Asthmatic complications.* See page 71.

Angina Pectoris.
(Heart-Spasm.)

Or "breast-pang"; painful *spasm of chest and heart*, with *sinking, death-like sensation.*

In these Heart affections, SPECIFIC "32" has "a healing in its touch," little short of miraculous. Also, in the

Menopause, Or "Climacteric Period" of woman's life; sudden *(Change of Life.)* *flushes of heat, then faintness and perspiration; intermittent, delayed or scanty menses; or, too copious, even to flooding; headache during menses, etc.* See pages 71, 85.

SPECIFIC "32" has proved the *boon of Womankind*, conserving the vital forces, regulating their course and action and steering them carefully through that perilous passage known and dreaded by every woman as "The Change, or Turn of Life."

 THE MILD POWER CURES.

Price \$1.00.

SPECIFIC

“33” Epilepsy, Fits, St. Vitus' Dance

CURES

Spasms, Convulsions ;**Nervous Jerkings, Startings, Twitchings ;****Hysteria ; Paralysis.**

SPECIFIC “33,” acting upon the Nervous and Cerebro-Spinal Systems of the Body, may well be considered THE BEST REMEDY KNOWN for this class of diseases. Is always effectual in St. Vitus' Dance, or Chorea.

Epilepsy. Slight attacks (*Petit-Mal*) ; with fixed gaze ; (*Falling* momentary loss of consciousness ; turning of the face to one side ; *dropping things* ; slight muscular twitches ; vertigo. Severe attacks (*Grand-Mal*) with sudden loss of consciousness, often preceded by a strange cry ; falling ; convulsed face and limbs ; grinding of teeth and biting of tongue and foaming at the mouth ; involuntary evacuations ; strangling breathing ; purplish, flushed face ; followed by deep sleep and exhaustion on awaking. In frequently recurring spasms of young children, and in *Petit Mal*, SPECIFIC “33” has been found, in repeated cases, THE MOST SUCCESSFUL REMEDY.

Chorea. In children and youth ; grimaces, *twitchings* or (*St. Vitus' Dance.*) strange muscular movements, distortions ; unsteady walk ; extreme muscular susceptibility.

Spasms. FOR ST. VITUS' DANCE IT HAS PROVED AN INFALLIBLE CURE. See p. 51.

Hysteria. Fits of sobbing, laughing, crying, usually beginning with a sense of “*a ball in the throat*” (*Globus Hystericus*), and without seeming cause, though often in connection with some strong mental emotion ; irregular, convulsive movements of limbs ; partly closed eyes ; loss of self-control ; irregular breathing and heart action. Pp. 52, 83.

Paralysis. Numbness, or “going to sleep” of limbs ; cramps of single limbs ; cataleptic stiffness of limbs or body ; loss of voluntary muscular control.

 THE MILD POWER CURES.

Price \$1.

SPECIFIC

"34" SORE THROAT;

CURES

**Tonsillitis, Quinsy, Diphtheria ;
 Ulcerated, Recurrent, Diphtheritic, or
 Malignant Sore Throat ;
 Chronic Hoarseness, Weakness or Loss of Voice ;
 Clergyman's or Speaker's Sore Throat.**

Specific "34" is wonderfully effective in Sore Throat, simple or ulcerated, with Offensive Breath, Coated Tongue, Mucus Discharge, Swollen Neck, Glands, Fever and Prostration ; Diphtheria ; Quinsy ; Chronic Enlargements and Indurations of Tonsils ; and for Clergyman's Chronic or Sore Throat.

Diphtheritic Sore Throat. *High fever, red face, swelling of the glands of the neck ; unusual prostration of the system ; swelling of tonsils, uvula (palate) and soft parts, which, in true diphtheria, show dirty, grayish patches. Use SPECIFIC "1" in alternation. P. 44.*

Ulcerated Sore Throat. *Painful and impeded swallowing ; offensive breath and mucus discharge from throat ; heavily coated tongue ; swollen neck glands ; fever ; headache ; prostration. See page 44.*

Tonsillitis. *Same symptoms as above, tonsils red, swollen, ("Quinsy.") coated with tenacious mucus ; difficult swallowing, or even opening of mouth ; fluids sometimes returning by the nose ; impeded breathing. May alternate with SPECIFIC "1." See page 44.*

Enlargement of Tonsils. *Acute, obstructing the breathing (especially at night) and even swallowing ; (Chronic) permanent enlargement of tonsils, affecting breathing, voice and hearing. SPECIFIC "23." See page 75.*

Chronic Laryngitis or Clergyman's Sore Throat. *Frequent weakness and hoarseness, changed or impaired strength of voice ; loss of voice during or after speaking ; long standing sore throat and affections of the larynx, especially in clergymen, speakers, singers.*

SPECIFIC

“35”

Chronic Congestions,

CURES

Headaches, Ophthalmia, Eruptions.

Headaches. Habitual; with fullness, pressure, pulsation; throbbing or stabbing; from study, overwork, or mental effort in children; dizziness, vertigo, swimming of brain.

Eyes. Effects of reading, or over-taxation of sight—in connection with SPECIFIC “18.”

Swelling of Glands. With induration, sometimes with pain and heat—also SPECIFIC “22.”

Children’s Development Muscular weakness, *difficulty in learning to walk*; slow or irregular appearance of the *teeth*; retarded closing of the fontanels in infants; restlessness and sleeplessness. Also SPECIFIC “3.” See pages 51-52.

REV. AND MRS. H. S. JENANYAN, of St. Paul’s Institute, Tarsus, in Asiatic Turkey, write (Sept. 20, 1893): “We received the beautiful large case of your Specifics, with the five extra bottles of medicine, last spring. Four months of this summer were spent in the mountains, fourteen hours distant from our home, and where no physician or medicine could be found. Hundreds of people go there yearly, and many die from lack of proper medicine.

“Your case has been invaluable to us there. Although we are not physicians, yet by carefully reading your Manual we have, by actual count, relieved over 300 cases who came for help. These embraced *colds, fevers, children’s diseases, bowel complaints, lung troubles*, etc. Many of the recipients, in fact most of them, were from Turkish or Armenian families. With my fever thermometer and small box of medicine I was often sent for, and became a familiar, welcome guest in many homes which otherwise would not have received me. Thus we hope to continue the friendship, till we win many of them to our best friend, the Saviour. That you have helped us in thus working for Christ, and relieving many sick, suffering ones, we are very grateful. Several *chronic* cases have been cured, and we carried our own children safely through severe attacks of *Whooping Cough*, and often prevent serious illness by the timely use of your Specifics—which we feel we could not now do without.”

 THE MILD POWER CURES.

Price 25c., 50c. and \$1.00.

SPECIFIC MANUAL.

INTRODUCTION.

The use of Medicine is to cure the sick. That medicine which cures with the least possible disturbance of the system is manifestly the best. People have hitherto been purged, vomited, bled, blistered, salivated and emasculated by drugs, in the attempt to cure them, because doctors have failed to appreciate the delicate relation which every drug bears to some one disease or morbid condition; and, also, the relation which each dose *should* bear to each individual patient.

Because of this lack of knowledge in the adaptation of means to ends, most deplorable consequences have resulted, and thousands have passed to untimely graves.

Thanks, however, to the unremitting labors of a long life, devoted with patience, skill and intimate knowledge of all the points involved in this adjustment of Medicine to Disease, this difficulty has been largely overcome. And the people now have within easy reach, and at moderate cost, the means whereby the many diseases which afflict humanity and destroy life may be cured.

This is no idle boast. Forty years of experience, of sharp criticism, of professional and popular ridicule and opprobrium, have proved its truth by the stern logic of Fact. Not merely from a single family or community, nor from one State or country; but from thousands of individuals and hundreds of communities; from many broad States and widely diverse countries, comes the unanimous verdict—HUMPHREYS' SPECIFICS *are true curatives of Disease!*

Yet, the half has not been told; and it is for the purpose of extending the range of their usefulness still more widely that these pages of hints and directions for their use are re-written. For often we look for and send for help, when the very thing we require is already just at our hand; and what we lack is merely the hint of its presence and the boldness to apply it.

“ Domestic Medicine ” and “ Self-Treatment ” are not the “ fads ” of these latter days ; but are as old as history itself. Long before physicians or even priests practised the Healing Art, the father or the mother was of necessity the “ family doctor ” ; and treated their sick with herbs, oils and decoctions. Even now, among the self-respecting poor, and the intelligent middle classes, resort to a doctor is rarely made except as an absolute necessity. Moreover, it is a generally observed fact : that the best prescriptions in use among the Medical Faculty find their way, after a time, into the channels of trade, and so become the “ popular remedies ” of the day. The public thus become, as it were, “ the residuary legatees ” of some of the best medical and scientific knowledge of the present day ; and, despite the bewildering dust of warring schools of medicine, or the equally blinding blandishments of Quackery, it shows an intuitive appreciation of that which is best adapted to secure that Health, Vigor, and freedom from disease which is indispensable to the happiness and success of individual life. Thus it has happened that thousands have found HUMPHREYS’ SPECIFICS their best refuge in times of illness—easy to take, inexpensive, and altogether the most ready and satisfactory means of relief and cure within their reach.

That these SPECIFICS should have had imitators is but natural. Success always breeds imitation, since it is ever easier to imitate than to originate ; to take from another his bread, rather than to earn it fairly. Intelligent persons, however, will remember that, in the line of Homeopathic medication, HUMPHREYS’ SPECIFICS were *the originals*, upon whose success the imitations are spawned ; and that under whatever devices of trade imitations may be sold, they are always *poor substitutes for the originals*.

“ Old Firemen ” say that the first fifteen minutes of a fire in a house is usually decisive as to the fate of the building. It is equally true that the *first day’s* invasion of a disease is often decisive as to its cure or prolongation. So, if you have the proper SPECIFIC at hand, ready for immediate use, you may be able either to cut short the disease at once ; or, at least, to

modify its whole course ; whereas, the loss of a day (or in some instances even of less time) may entail a long illness, or the increased difficulty of cure.

The preventive power of HUMPHREYS' SPECIFICS has been proved in numberless instances. Every disease may be prevented by occupying the nerve system exposed, and so by pre-occupying and fortifying the system against the similar malign influence. Thus *Cholera* and *Malaria* ; *Scarlet Fever* ; *Mumps* and *Measles* ; *Grippe* or *Influenza* ; *Whooping Cough*, *Typhoid Fever*, or indeed any other disease, may be prevented or (arrested) cured, by the proper use of the true *Simila* the best expression of which is in these matchless SPECIFICS.

HUMPHREYS' SPECIFICS *cure* disease. They cure, not because they are strong medicines or violent poisons, but because they have a *specific* relation to disease.

Therefore it is, that those who habitually resort to HUMPHREYS' SPECIFICS for aid and cure in their illness, HAVE LESS SICKNESS, BETTER HEALTH, BETTER GROWTH, longer and more vigorous lives than those treated by other methods—simply because these SPECIFICS, owing to the method of their composition, *have a deeper and wider range of action* than other medicines, and thus constantly tend to eradicate constitutional weakness and disease.

Thousands, suffering from some delicate infirmity or weakness known only to themselves, and which they shrink from disclosing to a physician, have found in the proper SPECIFIC a cure which has turned the Winter of life into May.

Thousands of families find that by the use of HUMPHREYS' SPECIFICS they are saved from undue haste and needless alarm ; from the danger of drugs and injurious medicines, and from needless professional calls and expense. The health and vigor of the household is improved as well as a timely saving in money and expenditure.

Another suggestive and far-reaching recommendation of HUMPHREYS' SPECIFICS is the fact of *their frequent use by physicians* of all schools of medicine. They have witnessed splendid results from their use in the families of their

patients, and find them easier prescribed and taken, and more certain of cure than other medicines, and hence they commenced their use.

Among the other *special advantages* possessed by HUMPHREYS' SPECIFICS are the following :

1. HARMLESSNESS—So that, if taken by mistake or accident, no injury results.

2. CONVENIENCE—*Being easily carried in the vest pocket,* they are ready for immediate use.

3. EFFICIENCY—By their use five-sixths of all diseases may be averted without serious illness—thus saving money, suffering, and even life itself.

4. RELIABILITY—Not one in the entire list of these SPECIFICS lacks the guarantee of the most ample experience, over and over repeated, as to its great curative value and efficiency.

5. ECONOMY—The use of a few pellets often saves a visit from the doctor, and a long course of sickness, with its heavy expense and burden of anxious cares.

Every bottle of the SPECIFICS bears upon its label or wrapper full directions for use.

TESTIMONIALS.

We send to any applicant, free of expense, a paper containing a *thousand* or more *unsolicited testimonials*, which have come to us in the regular course of business, as to the curative value of HUMPHREYS' SPECIFICS.

Taking the Scriptural illustration afforded by the PARABLE OF THE TEN LEPERS (*S. Luke*, xvii. 11) that *one in ten* only acknowledge benefits received, this would make *ten thousand* cures. But since, as a matter of fact, only one in fifty think it worth their while to acknowledge their indebtedness—these one thousand testimonials indicate at least FIFTY THOUSAND CURES !

Manual of Specific Medicine.

DIET AND REGIMEN FOR THE SICK.

We cannot specify the diet for every case; much must be left for the good judgment and discretion of the patient.

In general, sick people need but little to eat, and that of the plainest and yet most nourishing and easily digested kind that can be procured. If there is no appetite, nature indicates that but little or no food should be given, as that which is taken, unless easily digested, will not be assimilated, and hence may do more harm than good.

ALLOWABLE FOOD.—Indian-meal, oat-meal, or farina gruel (which should be thoroughly cooked), or milk-toast and boiled rice; for drink, toast water, rice water and drinks made of fruit-jellies, or any ripe or dried fruits, and apples or other fruits baked or stewed, except in diarrhea and dysentery. As persons recover the diet may be enlarged; yet they should avoid danger from over-eating. Feeble persons need meat-soups, beef-tea, fish and fowl variously prepared; and sometimes wine and other stimulants, but always in moderation, as there is more danger from eating or drinking too much than too little. Lemonade may be allowed in fever and rheumatism. Coffee and green tea are objectionable; cocoa and black tea are permitted. *Coffee* and green *tea* (made very weak) may be allowed to the sick where persons have become habituated to their use and suffer from their deprivation. *Tobacco* should only be used in moderation, if at all; although its moderate use, to persons accustomed to it, may not be injurious to the action of medicines. The system must not be saturated with narcotic or medicinal influences. Better trust SPECIFICS *alone*.

EXERCISE is important to the invalid and those of sedentary habits; yet, to be useful, it should be attended with pleasurable excitement, freedom from labor or anxious thought, and avoidance of fatigue.

DOSES.—HOW OFTEN—HOW MUCH.

For adults the usual dose is six pellets, and for children or infants three or two pellets. They may be taken dry and thus be permitted to dissolve on the tongue in preference to being chewed, or swallowed whole.

The repetition of doses depends upon circumstances.

In *acute* DISEASES, and in urgent cases, the SPECIFIC *acts best when dissolved* (12—20 pellets) in half a glass or tumbler of pure cool water. (For *grown* persons a tablespoonful, and for *children* or *infants* a dessert or teaspoonful is a proper dose.) A spoonful should be given every fifteen minutes, half-hour, hour, two hours, according to the urgency of the case.

In most cases of *chronic disease*, a dose four times a day is sufficient; that is, before each meal and on going to bed. It is not the quantity or frequency of doses, but the specific action of the remedy which cures.

These SPECIFICS are usually taken dry, *as a matter of convenience*. In that case, six pills for an adult, and three for a child, is the proper dose.

The alternation of Specifics is allowable. If the SPECIFIC apparently called for does not relieve after a fair trial, then apply the next one most indicated, usually SPECIFIC “1,” or give the two in ALTERNATION. That is, give a dose of one SPECIFIC as directed, and, after waiting the proper interval, give a dose of the other; and after the proper interval give the first one again, and so on *in alternation* at such intervals as the directions require.

The best time for taking medicine is in the morning on rising, and half an hour before each meal, and at night on retiring to rest, thus making *four doses* per day.

☞ It should be remembered that in almost all cases of disease “*Sleep is Nature’s great Restorer.*” So that it is *not necessary to awaken patients from a quiet sleep* in order to give medicine at a certain hour.

DISEASES OF INFANTS AND CHILDREN.

Fevers are common at from one to ten years of age, and are often brought on from over-fatigue, exposure to the heat of the sun, cold draughts of air, improper food, worms, etc. They

are known by the red face, swelling and throbbing of the veins of the neck, hot head, quick pulse and rapid breathing. Such Fevers find a prompt cure in SPECIFIC No. 1, which soon quiets the fever, induces perspiration, and thus dissipates the disease.

TREATMENT.—Dissolve twelve to twenty pellets of SPECIFIC No. 1 in half a glass or tumbler of water; give one spoonful every hour, or even half hour, until profuse perspiration comes on and the disease is broken.

Scarlet Fever is often a formidable disease, but under the SPECIFIC treatment it has lost much of its terror. The first symptom is, usually, vomiting, soon succeeded by violent heat, *very rapid pulse*, and sore throat. Soon a *rash* or reddish blush spreads over the body, commencing on the *arms, neck, breast and face*, until the disease has reached its height, when later it becomes faint-yellowish, and the outer or scarf skin flakes off in patches, or in minute bran-like scales. Such is mild Scarlet Fever or *Scarlatina*, but it may become complicated from an irregular development, ulcerated throat, or other symptoms. See, also, *Fevers*, page 52.

TREATMENT.—To prevent the disease, while Scarlet Fever is prevailing, give each child two pellets (adults, six) of SPECIFIC No. 1 morning and night. This protects the system, or in any event renders the course of the disease much milder. If the disease has commenced with vomiting, sore throat or fever, dissolve twelve or twenty pellets of SPECIFIC No. 1 in a tumbler half-full of water, and of this fluid, prepared anew in like manner every day, give one teaspoonful every hour, extending the intervals to two hours as the disease abates. After the second day alternate SPECIFIC No. 14, prepared in the same manner, with No. 1, and continue the same, in alternation, every two hours. This remedy is also efficacious to relieve the itching and assist desquamation, and thus prevent bad after-diseases. Sponging the child with tepid water is very grateful and useful through the entire course of the disease.

If swelling of the glands under the ears or about the neck occurs, give four pellets of SPECIFIC No. 22 each morning and night, and No. 1 during the day, as above.

If dropsical swelling of the limbs or body occurs toward the close or after the disease has subsided, give SPECIFIC No. 25, six pellets four or even six times per day until cured. Thousands of cases are thus safely carried through the disease every year by this treatment.

☞ Remember that *Scarlet Fever*, *Measles*, *Varioloid*, *Diphtheria*, and *Whooping-Cough* are contagious, and unprotected persons coming into their presence are liable to take the disease. So, if a child has the Scarlet Fever or other of these diseases, keep other children out of the sick-room or house, or as far from the room as possible. To permit well children to inhale the breath, fondle or play, or even be in school with them, until *entirely recovered*, is most liable to communicate the disease. In such cases remove the well ones or fit up a separate room for the sick, and, excluding the others, maintain a rigid quarantine until entire recovery. A child may communicate the disease to another *so long as there is any desquamation or peeling or scarf* from the skin—sometimes two or three weeks after the child is well. Hence, it is well to lubricate the surface daily with good olive oil, to prevent the dissemination of these minute branny particles by which the disease is conveyed to others.

Measles (*Rubeola*) is generally a mild, easily managed disease. It commences with symptoms of a cold, *sneezing*, *flow of tears*, and *slight redness of the eyes*, and soon a *hoarse, loose cough*, which is characteristic of the disease. The rash appears first on the face in minute pimples in clusters, with a reddish blush, deepening and increasing as it comes out, first day upon the face and neck, next upon the body, and third day upon the lower extremities, by which time it grows fainter upon the face, and disappears in the same manner. There is fever, loose cough, hoarseness, etc.

TREATMENT.—Give SPECIFIC No. 1, prepared as directed for *Scarlet Fever* (page 41) every hour, and continue through the entire course of the disease. If the measles do not *come out well*, do not be alarmed; keep the patient warm, give some warm tea or nourishing soup, or hot foot-bath. If the cough is troublesome, alternate SPECIFIC No. 7 with No. 1. If very hoarse, give a few doses of No. 13. If the eyes are red, inflamed, intolerant of light, the No. 18, also for any weakness of sight remaining as a consequence of measles. Care should be taken to prevent taking cold, as serious disease of the lungs may arise. You will have no difficulty in safely treating the disease by following these directions.

Chicken-Pox (*Varicella*) rarely requires more than a

few doses of **SPECIFIC No. 1**; if new crops of pox come out, **No. 14** is the **SPECIFIC**.

Mumps, somewhat hard and sensitive swelling of the gland in front of and below the ear, on one or both sides; attended with fever, and *pain when chewing*, especially any firm or hard food. It passes off in three or four days, and is rarely dangerous, but may sometimes fall upon the brain, producing delirium; or, if the patient is chilled, may fall upon other parts, producing swelling and other mischief.

TREATMENT.—Give **SPECIFIC No. 1**, twelve pellets in six spoonfuls of water, one spoonful every two hours, and, two or three times per day, six pellets of **SPECIFIC No. 22**. Should any swelling of the glands remain, the use of **No. 22** will remove it. Should the disease fall upon the urinary organs, **No. 30** will soon relieve.

Congestion of the Head in children with fever, red and hot face, throbbing of the blood vessels of the neck, inclination to lie down, with pain in the head, increase of the pain and distress, and even vomiting, on being held up, intolerance of light and noise. These symptoms find their remedy in **SPECIFIC No. 1**; twelve pellets should be dissolved in half a glass of water, of which give a spoonful every half hour at first, and then every hour as the case improves. Apply cloths wet in tepid water to the head, renew them when hot.

Congestions of the Head occur in children and adults also, in a slighter form; with a sense of fulness and heaviness of the head and redness of face, vertigo or giddiness, especially on turning or looking upward, throbbing headache, and sometimes intolerance of light, drowsy and stupid feeling, desire to sleep by day and sleepless at night. Six pellets of **SPECIFIC No. 1**, taken four times per day, will afford relief; but if the case is more violent, dissolve twelve pellets in half a glass of water, and of this take a spoonful every hour until relieved, and then morning and night. In the severe form of head congestion known as *Sunstroke*, the patient falls or lies insensible; comatose; eyes and face congested. He should be placed in a recumbent position, in cool place; feet in hot water, up to knees, cold applications to head. Give **SPECIFIC No. 1** every quarter hour.

Sore Throat (*Tonsilitis, or Quinsy*) begins with redness, heat, swelling of the throat, tonsils, uvula and soft parts, difficult swallowing, and sometimes ends in suppuration. Dissolve twelve pellets of SPECIFIC No. 1 in water (half a glass), and take a spoonful every hour. If not soon relieved, take SPECIFIC No. 34, prepared in the same manner, alternately with No. 1. Apply cloths kept moist with the *Marvel of Healing* to the throat, and keep indoors, on low diet, until relieved. See, also, *Fevers*, page 52.

Diphtheria and **ULCERATED OR MALIGNANT SORE THROAT** usually commences, in children, with dulness, inclination to sleep, *swelling and soreness of the throat*, indicated by difficulty in swallowing, and frequently by vomiting. Fever, heat, and redness of the face, increased difficulty of swallowing soon come on, and, on examination, the appearance of *patches of dirty washleather-like membrane* in the throat, or ulcerations in advanced cases, with difficulty of breathing and prostration.

TREATMENT.—*To prevent the disease*, give children three pellets of SPECIFIC No. 34 morning and night (or better, four times per day), and so continue (while the disease is prevailing) and carefully avoid exposure to severe chills or over-fatigue.

For an attack of diphtheria or of severe or ulcerated sore throat, give alternately SPECIFICS No. 1 and No. 34 in water, thus: dissolve twelve pellets of No. 1 in a tumbler half full of water and the same amount of No. 34 in another glass, with a like quantity of water, stirring each well with separate spoons. Give to adults a tablespoonful, and to children a teaspoonful of the fluid, first of one, then of the other, at intervals of half-hour at first, and, later, an hour, or even, in mild cases, two hours; and this continue until cured. The diet should be easily digested and nourishing, toast-water, farina, or other gruel; good, sweet milk, and beef-tea, during the disease, and apply cloths wet in the *Marvel* to the throat.

Worms.—Worms often cause much annoyance in children, and it is important to know the symptoms by which their presence is manifested, as well as the cure.

The more common symptoms of worms are: frequent itching of the nose, which the child picks with its finger; itching of the anus; voracious or greedy appetite; desire for dainties; and often the breath is offensive, especially when the stomach

is empty ; bowels irregular, either constipation or diarrhea, in which are masses of glairy frog-spawn-like mucus.

Symptoms arising from the local irritation of worms are : Colic pains in the bowels, worse when the stomach is empty, and pass off after a meal. Sometimes there is dilatation of the pupil, distortion or rolling of the eyes, springing up, grating of the teeth, and talking in sleep, vertigo and sometimes spasms.

Fever (a most frequent result of worms) is usually quite violent, pulse quick, heat great, noticeable for its *unsteady character* ; and there is danger of convulsions during such a fever, especially if there should be sudden startings or twitchings. If the worm predisposition is not cured, the child may become emaciated and weakly.

TREATMENT.—*To eradicate Worms* from the system, give the child plain diet, meat once a day, little or *no pastry, cake, preserves or candies* ; but substantial, nourishing food, and give it three pellets of SPECIFIC No. 2, four times per day. The result will be that the worms will disappear.

When worms produce *violent fever*, full, quick pulse, and hot skin, etc., dissolve twelve pellets of SPECIFIC No. 1 in a glass half filled with water, and give a dessertspoonful every hour for four or six hours ; then prepare the No. 2 in the same manner, and give alternately with the No. 1 until entirely relieved. Then give the No. 2 four times per day, to effect a radical cure. No other medicines are required in order to permanently cure this affection, as the experience of hundreds can testify ; only do not expect miracles ; exercise a little patience, for *a constitutional cure requires time*.

Crying of Infants.—A child constantly crying, without apparent cause, is presumably not well.

Nurses, to quiet the crying of infants, give them anodynes, cordials, or soothing syrups, which render them costive ; then a cathartic or a dose of oil is given to physic them, which, in turn, deranges the stomach, and in a little time we have a permanent condition of illness fastened upon the child, which may continue for life. This is irrational and wrong. The nurse should never suffer the infant to cry or worry, by always attending to or anticipating its wants, changing and feeding it promptly, and also avoid giving it drugs or doses.

Colic.—If the child has colic, which may be known by its cries and drawing its legs up to its abdomen, while the

belly is hard and distended, give two pellets of SPECIFIC No. 3, and soothe it by carrying it about, or other means. If no better in half an hour, give two more pellets, and so on, repeating every half or quarter hour until relieved.

Wakefulness.—If the child *does not sleep at night*, after having had proper intervals of being awake during the day, give it two pellets of SPECIFIC No. 3, before laying it down. This will usually be sufficient; but if necessary the pellets may be repeated every hour. The nurse should bear in mind that if *she* takes strong tea or coffee, or spirits, or such flatulent food as pickles, cabbage, beans, etc., she can scarcely expect her child to sleep well, as the effect of the stimulus, or food, may act more decidedly on the child than upon her.

Teething.—Frequently there is diarrhea, feverishness and restlessness at night, and sometimes serious congestion to the head. The first teeth are cut at from the fourth to the eighth month, or later, and usually with but little trouble—first, the two lower, cutting teeth; then the two upper, middle teeth in about two or three weeks after the first; and then two more lower, followed by two upper incisors—one on each side. Some eight weeks after these, there will be four first jaw teeth—two below and two above, and after these, the stomach and eye teeth are cut and finally, when about two and a half years old, the back jaw teeth—two below and two above—protrude, which completes the set. Variations from this order are, however, frequent.

Signs of coming teeth: the child “drools,” and puts its fingers in the mouth, is more or less feverish, and the gum grows *broad*, and swells on the top. Lancing the gum is quite unnecessary. It is not so much the piercing of the gum which causes the inconvenience, as a feverish condition of the system which accompanies any important evolution of the organism.

During the Period of Teething, for any feverish excitement, restlessness, wakefulness or worrying, give two pellets of SPECIFIC No. 3 four times per day. This quiets the system, relieves the irritation and restlessness, and any slight diarrhea. If, however, there should be *very high fever* and a good deal of heat it is better to give two pellets of SPECIFIC No. 1 for *Fever*, in fluid form, a teaspoonful every two hours, and No. 3

morning and night. If diarrhea also becomes threatening, the movements of the bowels frequent and somewhat prostrating, give two pellets of the SPECIFIC No. 4 every hour or after every stool until this trouble be relieved.

Slow Growth, Feebleness, Difficult Learning to WALK and GENERAL DEBILITY of infants or small children; give SPECIFIC No. 3, two pellets four times per day, which often works wonders in increasing the muscular strength and natural growth of bone.

Fretfulness, Feverishness and Worrying of children three or four years old, often arising from deficient growth of bone, give four times per day two or three pellets of SPECIFIC No. 3. The result will soon be shown in improved vigor, health and happiness.

Sprue, or "Nursing Sore Mouth" of young infants, which is frequently troublesome, and sometimes dangerous, SPECIFIC No. 3. Three pellets four times per day will cure. Obstinate cases may require SPECIFIC No. 29 in alternation.

Diarrhea or Loose Bowels in small children is often formidable, and demands attention. In young and teething children it frequently assumes the form of Cholera Infantum, and is liable to be fatal.

For Diarrhea or Loose Bowels in Young Children, give two pellets of SPECIFIC No. 4 after each movement of the bowels. Let the child have for diet only breast milk, boiled rice, farina, or milk porridge, avoiding all fruits, vegetables, and especially new potatoes. Any slight derangement of the stomach—pain, gripings or diarrhea—arising from errors in diet or from the use of fruit, etc., will be promptly remedied by taking SPECIFIC No. 4 four times per day.

Cholera Infantum.—Few diseases are more destructive and fatal in children than this, especially in the larger towns and cities. It prevails principally among children of from six months to three years of age.

It often commences as a slight looseness of the bowels, which goes on increasing from day to day, until the child becomes emaciated, its stomach becomes exceedingly irritable, so that it vomits up every kind of food and drink, and at length it sinks into a drowsy, stupid slumber, which, after some days, closes the scene; or, the disease may come on more suddenly,

with very frequent, loose, offensive stools, sudden vomiting of everything taken into the stomach, rapid emaciation, soon followed by coldness, collapse, stupid slumber and extreme prostration.

In the first case the disease may run from three to twelve weeks, until the child is reduced to a skeleton; and in the latter, the fatal termination may occur in three to six days.

In the treatment of this disease the diet is of the first importance, as it is almost impossible for a child to recover unless it has a proper diet. Children who nurse do better than those who have been weaned or brought up by hand; for, though the child may get but little from the breast, that little is appropriate for it, and quality in this case is of more importance than quantity.

If the stomach is very irritable, *vomiting up everything taken*, light or nourishing food must only be given once in two or three hours, and only two or three spoonfuls at a time of farina gruel, rice-water, etc.; or, if the child nurses the breast it is still better; yet the child must not be nursed too often, nor suffered to take too much at a time. Also, every hour, give a spoonful of a solution made by dissolving twelve pellets of SPECIFIC No. 6 in half a tumbler of water. This continue a few hours; and then prepare twelve pellets of No. 4 in fluid, in the same manner, and give every hour a spoonful alternately of these two medicines. As the disease improves, the doses may be given less frequently; but be very cautious both as to the quantity and quality of food or drink allowed.

Infantile Bronchitis or Catarrh of the Chest OF INFANTS OR YOUNG CHILDREN is attended with fever, quick pulse, rapid and difficult breathing, with rattling of mucus, or fine crepitation (or crackling sound in the chest), and frequent, painful cough. Give SPECIFIC No. 1, in fluid, every hour for twelve hours; then prepare No. 7 in fluid, and give the two in alternation every hour until relieved.

Wetting the Bed.—Children subject to wetting the bed should avoid taking fluids, fruits, or watery vegetables in the late evening, or even entirely abstain from them at such hours, and should take three pellets of SPECIFIC No. 30 noon, night and morning. In some cases it arises from the irritation of worms; in others, from an irritable condition of the bladder itself; and in some cases from improper habits. But it is almost invari-

ably the result of a morbid condition or irritation of the bladder, or relaxation of its sphincter, and is quite beyond the control of the child, and a proper subject of medical treatment. **SPECIFIC No. 22** may be given in obstinate cases alternately with **No. 30**, giving **No. 22** each morning, and **No. 30** noon and night.

 Old, obstinate or constitutional cases which resist the use of **No. 30** should take DR. HUMPHREYS' SPECIAL PRESCRIPTION **No. 30**, price, \$2.00, which always cures.

Croup.—In children often comes suddenly at night, after the child has been exposed, or out playing in a damp, rough wind during the day. The child wakes out of a sleep with a sudden, *hoarse, barking cough*, often like the barking of a hoarse dog, and sometimes, even at first, some degree of oppressive or difficult breathing. In some cases there are frequent returns of this hoarse cough, with little or no fever, or difficulty of breathing for some hours, or even a day or so; and at others there is a high fever, quick pulse and red face from the first hour of the attack. As the fever increases, the cough returns in more frequent paroxysms, and the difficulty of breathing increases; often by turns becomes wheezing, rattling, and in the worst cases as if breathing through fine brazen pipes; and becomes by degrees loud and harsh.

If the child improves, the breathing becomes easier, softer, the rattling of mucus looser; if worse, finer and tighter. Toward the last, the head is thrown back to facilitate respiration, the larynx rises and falls with every breath, and the child is bathed in sweat by the suffering and effort.

These sudden cases, however, usually soon yield to proper remedies. But the worst cases are those which come *insidiously*, the child being scarcely ill for two or three days, *little or no cough, or a mild, muffled cough, but very hoarse or whispering speech, or entire loss of voice*, the difficult breathing only coming on gradually. Such cases are highly dangerous.

TREATMENT—For an attack with hoarse, croupy cough, either suddenly at night or at other times, dissolve at once twelve pellets of **SPECIFIC No. 13** in half a tumblerful of pure water, of which give a spoonful every half hour at first, and until the child improves; then, every hour, keeping the child in-doors

in a warm room, and protected from drafts of air for a day or two to prevent a relapse.

But, if with the croupy cough there is also *high fever, hot skin*, and some difficulty of breathing, prepare SPECIFIC No. 1 in the same manner as the No. 13, and give a dessert-spoonful every half-hour, alternately with the No. 13, until the child is relieved, then the No. 13 may be continued alone at intervals of an hour or more, as the child improves.

When a hoarse or a suspicious cough at night threatens an attack of Croup, three pellets of SPECIFIC No. 13, occasionally repeated, will usually ward off the danger.

In the worst cases, with hoarse cough, difficult, anxious, stridulous breathing, give SPECIFICS No. 13 and No. 1, prepared as above, a spoonful every half-hour alternately. Give no other medicines—make no external applications, for these will do no good, and often impede the cure—only when the fever is high and difficulty of breathing great, bathe the child's feet and legs to the knees in *quite warm water*, and even its hands, for ten or fifteen minutes at a time, then wiping them dry and covering them warm to perspire. For some days after an attack, do not let the child go out, or be exposed to a draft of cold air, and during the attack give it no fruit.

To *prevent a return* of croup, and to destroy the predisposition which some children have to it, give three pellets of SPECIFIC No. 13 morning and night, and after any special exposure.

Whooping-Cough.—Whooping-cough usually commences as a common cold, though from the first the cough is rather more violent and spasmodic than in ordinary colds, and not until after ten or fourteen days does it assume the true distinctive form of whooping-cough, with *severe shocks of cough in rapid succession, followed by a deep inhalation or whoop*. This disease, if uncured, will continue from six to twelve, or even fourteen weeks.

DIRECTIONS: To *prevent whooping-cough*.—When children have been exposed, or begin to cough, give simply three pellets of SPECIFIC No. 20 four times per day. You thus either prevent it entirely, or destroy its force and violence. For *Cure*.—Give three pellets of SPECIFIC No. 20 every four hours during the day. This is sufficient in ordinary cases, but if quite severe, administer two pellets every two hours, day and night, if awake, placing the pellets in the child's mouth, and at longer intervals as the child improves. Should there be *fever or threatened inflammation* of the air passages, give SPECIFIC No. 1 in alternation with the No. 20, prepared in water, twelve pellets of each in six spoonfuls of water, sepa-

rately, of which give a spoonful every hour, first of **No. 1**, next of **No. 20**, and so on. Give the child no meat, cake, rich or heavy food, but an abundance of mucilaginous drinks—rice-water, barley-water, gum-water or Irish-moss tea. The disease will thus be broken up or run a *short*, mild and *safe* course, as thousands of cases treated with SPECIFIC **No. 20** amply testify.

Spasms.—Spasms or convulsions may occur in children from some transient irritation, such as teething, indigestible substances in the stomach, or congestion to the head, or from fever or extreme nervous excitement. There is a sudden straightening of the body, cramping of the limbs, holding the head back or on one side, drawing in of the thumbs, distortion of the eyes, arrest of breath and loss of consciousness, etc.; after which the muscles become relaxed, and the patient sinks into a sound sleep, from which he awakes restored. But in cases of children, or when the irritating cause has not been removed, the spasm may return again, or even several times. Some families of children are subject to fits from slight occasion.

TREATMENT.—During an attack of convulsions, if the child does not come out readily, put the feet in warm water, and apply cold, wet cloths or cold water to the head. If the spasm has been induced by indigestible food, oranges, raisins, candies, etc., especially in children, give a large injection of warm water, repeated until free evacuations of the bowels take place. Give, also, SPECIFIC **No. 33**, six pellets every hour, until all excitement of the system passes off; then six pellets morning and night, or four times per day.

Epilepsy.—While Epilepsy is more common in adults, yet it is first shown in childhood, and hence may be treated here. *Spasms, Convulsions, St. Vitus' Dance* and even *Hysteria* all have their first manifestation in the years of growth, and are best cured during that period. In true *Epilepsy* there is loss of consciousness during the fits, and they recur at intervals, leaving the system comparatively free during the interval, and in general the convulsions are more severe, with biting the tongue, frothing at the mouth, etc. See also page 32.

TREATMENT, to cure Epilepsy.—For an attack of convulsions, treat as for spasms. During the interval between the attacks, give six pellets morning and night of SPECIFIC **No. 33**, and avoid all exciting causes of the attack. In old chronic cases of *Epilepsy* or *Fits*, give six pellets of **No. 33** each night, and the same of **No. 35** each morning, or better, send

for the SPECIAL PRESCRIPTION No. 33, for *Epilepsy*, price, \$2.00, which has proven very effectual.

Chorea or St. Vitus' Dance is manifested by unsteadiness, twitching and jerking of the limbs, or drawing of the muscles of the face, trembling, inability to hold things, or to feed one's self, or even to swallow food without difficulty, or sometimes even to talk.

FOR THE CURE.—Give six pellets of SPECIFIC No. 33 four times per day. In severe or protracted cases, give six pellets of No. 35 before breakfast and before supper, and the same of No. 33 before dinner and at night, or use the SPECIAL PRESCRIPTION No. 33, before mentioned.

Hysteria is a form of convulsions resembling Epilepsy. But there is *not loss of consciousness, biting of the tongue or turning in of the thumbs*, and it occurs mostly in sensitive or nervous persons. Give SPECIFIC No. 33 every three hours, and the storm will soon be over; then morning and night, to prevent return.

Children who have *twitching of the face or limbs*, or very restless sleep, or slight convulsions, may take SPECIFIC No. 35 night and morning, with prompt relief.

FEVERS.

Fevers begin usually with a precursory stage, lasting some days, consisting of depression, pain in the back or limbs, headache, coated tongue, loss of appetite, or general lassitude. After this there is either a cold chill or chilliness for a day or two, which is followed by high fever, with headache, sleeplessness, sometimes delirium, full, quick, hard pulse, quick respiration, vertigo on rising or sitting up, sometimes vomiting, costive bowels, etc.

This stage continues some days, depending upon the character of the fever and treatment, after which the pulse by degrees abates, the skin gradually becomes moist, the tongue cleans off, appetite and strength improve, and the patient becomes convalescent.

It is not always prudent for *non-professional persons* to assume the management of grave cases of *Fever*, even with the aid of these invaluable *Specifics*. The responsibility is too great. There may be conditions and dangers which the

amateur cannot understand, especially in the graver and more persistent forms of fever. So, while it is eminently proper and wise to know what to give and how to treat the milder forms of *Fever* and *the beginnings* and *earlier forms* of all *Fevers*, yet the management of the graver forms should be assumed only when competent medical aid cannot be obtained. The early treatment, as here directed, often arrests and entirely cures the milder forms, and always moderates the force and character and violence of the more serious ones.

GENERAL DIRECTIONS.—In the treatment of all forms of fever, it is of importance to keep the room well aired and lighted, scrupulously clean, with frequent change of linen and bedding; plenty of pure cold water to drink; the body, hands and face should be frequently sponged off with tepid or cool water. Give toast-water, gruel or rice-water for drink, or drink made with any mild, fresh or dried fruits, except when there is diarrhea. After the fever is broken, gradually return to a more substantial diet, beginning with toast, baked apples, rice, beef-tea, fish or similar articles.

Varieties of Fever are not always sharply defined. But the non-professional reader may find the following sufficient for his action.

Inflammatory Fevers have a strong, quick pulse, hot skin, red face, severe headache, hurried respiration, thirst, restless tossing and sleeplessness. The symptoms are worse in the evening and are better after midnight and toward morning.

TREATMENT.—In this form of fever, only **SPECIFIC No. 1** is required. Dissolve twelve pellets in a drinking-glass half full of water, and of this give a tablespoonful to an adult, or a teaspoonful to a child, every hour for the first day or two, or until the force of the disease is broken; then at longer intervals until cured. It generally yields after a day or two.

Bilious or Gastric Fevers.—The precursory stage is marked by decided bilious derangement, with bad taste, coated tongue, headache or backache, and costive bowels. This, after a day or two, is succeeded by a strong chill, followed by *sharp pungent heat*, violent headache in the forehead, bad taste in the mouth, heavy-coated tongue, bitter, bilious vomiting, highly-colored, scanty urine, constipation, sleeplessness, and gen-

erally delirium, hurried respiration, and sharp, quick pulse, and often tenderness of the bowels.

It may continue seven or fifteen days, and has sometimes decided remissions of some hours, when the fever returns again as before, or it may terminate in Fever and Ague.

TREATMENT.—In this disease SPECIFICS **No. 1** and **No. 10** are required. Dissolve twelve pellets of the **No. 1** in half a glass of water in one glass, stirring carefully with its separate spoon until dissolved, and as many of **No. 10** in another glass, prepared in the same manner, and give every hour a large spoonful *alternately* of the two glasses, first from **No. 1** and next hour from **No. 10** and so on until the disease is subdued. After twelve or twenty-four hours, one dose every two hours will be sufficient. Improvement will occur in a day, and the disease will be carried to a favorable termination. Even should several days of treatment be required for a permanent cure with the SPECIFICS, it will still be much better than merely to *suppress the chill* with Quinine or other violent medicines, only to have the chills reappear after a few days.

In the precursory stage, six pellets of SPECIFIC **No. 10**, once in two or three hours for a day or two, will restore the system and arrest the outbreak of fever.

Malaria.—Malaria was formerly considered as a miasm, limited to the exhalations engendered in low-lying lands—the margins of swamps, and along the margins of rivers, or where new land and soil have widely been dug up, and exposed to the action of the sun. But modern researches have shown that while the miasm is more intense in such localities, yet it is by no means confined to them, and that as a fact but very few and narrow sections of country are entirely free from Malaria—cities, villages, towns and country all have it in greater or slighter degree. It was also formerly supposed that the only result of Malaria was *Fever and Ague*; or some of its precursors or results. But it is now known not only to produce this disease, but to produce a wide number of disagreeable and troublesome symptoms, which fall quite short of Fever and Ague or Malarial Fever; and so a large number of people suffer from Malaria when attributing their trouble to something quite different.

Its most frequent mild form is known by a slightly coated tongue, bad taste, diminished appetite, constipated or irregular bowels, headache or some form of neuralgia, vague pains in

the back, joints or limbs, feeling of dulness, indifference, distaste for work or effort, sleepiness or drowsiness by day, and unrefreshing sleep at night, want of energy ; sometimes with pale, earthy or yellow face and skin, and general feeling of illness.

This first phase of Malaria, unless cured, will develop an *Intermitting Fever*, or a *Remitting Fever*, out of which will form a *Fever and Ague*.

TREATMENT.—To cure Malaria and arrest its further development, take simply, in alternation, SPECIFICS Nos. 10 and 16, a dose of six pellets every three or four hours, with light, easily digested food, and avoid exposure to the hot sun by day, or damp night air, or over-fatigue. This course will in a few days rid the system of Malaria and arrest the development of Fever and Ague or Bilious Fever.

Thousands of families living in *malarious regions* are fully protected and have an entire immunity from Malaria in all its forms, by simply taking SPECIFICS Nos. 10 and 16 as above.

Fever and Ague, Intermittent Fever.—**TREATMENT.**—FOR CHILLS *which return every day*, take, one hour before the chill is to come on, six pellets of SPECIFIC No. 16. Then, during the *chill* and *heat*, take, every fifteen minutes, a spoonful of No. 1, prepared as on page 54. Then, after the *chill* and *heat* and *sweat* have subsided, go on with No. 16, of which take six pellets once in four hours until the next chill comes on, and then proceed as before.

FOR CHILLS *which return every other day*.—Give, in the same manner, a dose of SPECIFIC No. 16 before each chill ; also No. 1 *during the chill and heat and sweat*, and then No. 16 again, during the interval, a dose of six pellets every four hours until the next chill, and so on until the disease is cured.

FOR CASES OF AGUE, or of *mixed, undefined, irregular Agues*, that do not yield to SPECIFIC No. 16, give No. 10 in alternation with No. 16, a dose of six pellets every four hours. *Dumb Ague, Chill Fever* and *Malarial Fever* require the same treatment, and will be permanently cured by the above course. The doses above mentioned are proper for adults. Children only require one-half, and infants one-third as much.

☞ *Avoid* coffee or rich, heavy food, or over-fatigue while you have the disease or during convalescence, as a hearty meal, severe labor or over-fatigue often provoke a relapse. This method is a thousand times better than the use of Quinine, Arsenic, or the ordinary quack medicines so often resorted to.

For the *results of Fever and Ague*, and the bad effects of the *Quinine, Arsenic, Cholagogue and other deleterious drugs* so often used to suppress the disease, and which are usually manifested by vertigo, ringing in the ears, deafness, enlarged spleen or ague-cake, swelling of the limbs, general feebleness and debility, coated tongue and liver complaint—for these symptoms, all of which may in greater or less degree follow the use of Old School drugs or nostrums, SPECIFICS Nos. 16 and 10, six pellets four or six times per day, in alternation, are required. Though the cure may require time, it will be perfect and permanent. Thousands of the most obstinate cases are thus simply and happily cured every year.

Enteric, Typhoid and Typhus Fevers.—These fevers are marked by great weakness and prostration of the system, fever usually not so high, but early delirium, dry or *dark-coated tongue*, sleeplessness, or deep, profound sleep, pain in the head and back. They continue from fourteen to twenty-one days, or even longer, run a slow course, and are frequently of dangerous character, and should rarely be treated without competent medical aid.

TREATMENT.—Give SPECIFIC No. 1, dissolved in water, as directed for other forms of fever, alternately with SPECIFIC No. 14. Experience has shown that this latter SPECIFIC is very efficient, not only for Eruptive Diseases, but for low fevers of every grade. Give these two medicines alternately in fluid, a dose every two hours, prepared as directed for *Bilious Fever* (page 53) so long as the disease continues.

When Typhoid or low forms of fever are prevailing, SPECIFIC No. 1, six pellets taken morning and night, or even four times per day, will serve to fortify the system and prevent an attack, as experience amply demonstrates.

Yellow Fever.—An attack of Yellow Fever is usually abrupt. In some cases there may be precursors—a slight depression, loss of appetite, languor, pain in the head and chilly sensations for a day or two. This is followed by a chill, or rigors, generally moderate, soon followed by intense fever, rapid pulse, high temperature, headache, backache, pain in the limbs, and sometimes vomiting; retention of urine and costiveness are also present. The eyes are *reddened, irritable and watery*. Mind usually clear, but sometimes delirium.

TREATMENT.—*As Preventive*, while the disease is prevailing, take six pellets of SPECIFIC No. 1 morning and afternoon, and six pellets of No. 10 at noon and at bedtime. This should protect the system, or render mild any attack which may occur.

If the disease comes on, the patient should at once retire to his room and dissolve *twenty pellets* of SPECIFIC No. 1 in a glass half full of water, of which a large spoonful should be given every hour. This continue without interruption, except the patient sleeps, through the entire first, or stage of fever.

ACCESSORY MEANS.—*The importance of cleanliness* is apparent. Discharges and all soiled linen must be quickly removed, and the air kept as fresh as possible. During the chill give a hot foot-bath, and during the heat frequent spongings of the entire body and limbs with tepid vinegar and water. The diet during the first stage should be simply toast bread or crackers soaked in weak black tea. In the second stage, rice, milk, and arrowroot may be added to the diet; and in the third, or stage of prostration, ice-cream, champagne, beef-tea, or wine-whey may be necessary. The patient should remain in bed, comfortably but not oppressively covered, during the entire course of the disease.

 I do not recommend, in general, the treatment of such formidable diseases as Typhus, Cholera, or Yellow Fever, by unprofessional persons. But *there are times and epidemics when competent medical attendance cannot be obtained*, and where these simple directions may prove of inestimable value in treating and arresting disease and saving life.

Cholera and Cholera Morbus.—These are quite different diseases, yet the medicines which cure Cholera will very promptly also cure Cholera Morbus. In Cholera Morbus the discharge consists of what has been taken as food, and is ejected again more or less changed; while in Cholera, the discharges, after the first two or three, consist only of a fluid *like rice water*, which is, in fact, the serum of the blood. The coldness, blueness, cramps, etc., are also much more violent in Cholera than in Cholera Morbus, and it is sometimes rapidly fatal.

CHOLERA MORBUS is promptly cured by SPECIFIC No. 6, six pellets every half-hour at first, and later each hour until cured.

CHOLERA.—PRECAUTIONARY MEASURES.—*During the Prevalence of Cholera*, have no decayed vegetable or animal substances about house or yard. Keep the cellar dry, white-washed and well aired; the yard and kitchen free from slops. Use chloride of lime freely. *Diet* should be simple but nutritious; drink pure water; avoid everything like soda-water or root-beer. Eat regular meals and go to bed early. Take food before going out in the morning, and maintain a cheerful, even tone of mind. Let your clothing be adapted to the temperature of the weather; wear flannel, especially about the abdomen, to guard against sudden changes. Do not neglect slight ailments, *especially of the stomach and bowels*, but attend to them at once.

During the Prevalence of the Disease, take six pellets of SPECIFIC No. 6 every night and morning as a *preventive*; children take three. Persons *traveling*, or much exposed, should take SPECIFIC No. 6 night and morning.

CHOLERA-DIARRHEA—a peculiar diarrhea, which precedes the cholera, generally consisting of frequent loose stools, attended with rumbling of the abdomen, a sense of weakness in the stomach, sometimes nausea or qualmsiness. DIRECTIONS.—Keep perfectly quiet, and take six pellets of SPECIFIC No. 6 every hour until the diarrhea entirely subsides. Then for some days be particularly careful in diet, exposure and fatigue.

If *Cholera comes on* with sudden coldness, prostration of strength, vertigo, giddiness, cramps in the calves of the legs, deathly nausea, and blueness of the surface, though with not much vomiting or diarrhea, *Tinct. of Camphor* is the remedy, *three drops* in a spoonful of cold water every five minutes, until the coldness, blueness and cramps pass off; then it may be omitted, and six pellets of SPECIFIC No. 6, dissolved in a tablespoonful of *cold* water, given every fifteen minutes until relieved.

If the attack assumes the form of *violent vomiting and diarrhea*, with frequently returning cramps in the calves of the legs and bowels, discharges of the usual cholera character, give six pellets of SPECIFIC No. 6 in a spoonful of cold water every ten minutes until the symptoms abate, and then at longer intervals, until the disease is controlled. Then avoid undue exposure, fatigue, and especially any transgression in diet, which might induce a relapse.

 *During an epidemic of Cholera*, send for a *Special Cholera case of Specifics with full directions*.—Price \$2.00 to \$3.00.

Diarrhea.—In adults or older children give six pellets of SPECIFIC No. 4 four times per day, or it may be repeated after each stool. For *Diet*, see next page.

CHRONIC DIARRHEA—several stools per day without much pain, gradual loss of strength—requires three doses of SPECIFIC No. 4 per day. Should there be discharge of blood or bloody mucus, or of pus-like matter, No. 5 should be alternated with No. 4, taking six pellets every four hours during the day. The very worst cases are thus cured.

If looseness of the bowels is accompanied with griping or cutting pains, or blood-stained stools, forming what is called *dysenteric diarrhea*, No. 5, taken every two hours, will be found more efficacious than No. 4 for this form of disease, or the two SPECIFICS, Nos. 4 and 5, may be alternated, six pellets every hour.

 In *Diarrhea and Dysentery*, Cholera Morbus and Cholera, all fruits and vegetables are pernicious, and liable to cause an immediate aggravation of the disease. Attention to these few practical hints, and the use of SPECIFIC No. 4, has been effectual in curing the disease, and saving multitudes of lives.

Dysentery is a disease frequently fatal in summer and autumn. It prevails in the fall of the year, when the nights are cool and the days hot. The first symptom is usually a sensation of heaviness and weight about the anus, soon followed by a desire for stool. Or there may be loose stools for a day or two, when the evacuations become more tedious, very scanty, and attended with *straining* and a desire to continue the effort. Later, this desire becomes constant, forming what is called *tenesmus*—the patient wanting to be constantly on the stool. The evacuations consist only of mucus, mixed more or less with blood, or shreddy particles, like scrapings. Before and during the evacuations there are very severe, violent, cutting, pressing pains in the bowels. Or the stools consist only of white, gelatinous mucus, like the white of an egg; in others of only greenish mucus, streaked with blood. There is no natural fecal matter in the stools—and *when this appears in any quantity the disease is broken*.

TREATMENT.—The patient should keep perfectly quiet, and confine himself strictly, during the whole course of the disease, to a *porridge made of milk and flour, well cooked*, or to

farina gruel, or rice-water and boiled rice. No vegetables or fruit can be allowed ; nor meat, nor meat broths ; and spirits, or stimulants of any kind, are absolute poison. Take **SPECIFIC No. 5**, six pellets every hour. This method, strictly followed, will rarely fail to effect decided relief in the worst cases, in twelve or twenty-four hours ; and may be continued to a perfect cure, as the experience of thousands testifies.

If the evacuations are *very frequent*—every ten or fifteen minutes—and the *tenesmus* or straining *very* distressing, injections of *thin starch* may be given ; or, the patient may have a seat-bath of tepid water. Sometimes, in case of high fever, **No. 1** may be alternated with **No. 5**.

INFLAMMATIONS.

Inflammation is usually manifested by depression, followed by a chill ; and later by *pain, heat, redness* and *swelling*.

Coughs, Colds, Bronchitis and Sore Throat.—A

COLD comes on with sneezing, dryness of the nose and throat, followed by cough—at first dry but afterward with expectoration of thin, then thicker, and yellowish sputa, as the cold breaks up. With the cough there is pain or soreness of the breast, and sometimes pain in the head, as if it would fly in pieces at every cough. Sometimes with feverish symptoms, quick pulse, frequent, short, irritable cough, and more or less pain in the side or chest. At other times, with dryness in the throat, producing pain and difficult swallowing.

TREATMENT.—If the cold comes on with fever or heat, hot skin or quick pulse, take **No. 1**, six pellets every hour until the fever is allayed. Then take **No. 7**, six pellets as a dose, in the same manner, or alternate the two medicines at intervals of two hours ; thus arresting the disease and preventing pneumonia or bronchitis.

Drink freely of cold water, live sparingly, avoid coffee, stimulants and over-feeding, as well as exposure.

Chronic cough, or cold of some standing, take **No. 7** four times per day.

In all cases of coughs or colds where **No. 7** fails of prompt relief, always alternate with **No. 1**.

Bronchitis is an inflammation or irritation of the mucous membrane lining the air passages, manifested by hoarseness, cough, sometimes fever, irritation and soreness in the chest. In its more advanced stages there may be hectic fever,

emaciation, loss of voice, and other symptoms of consumption.

TREATMENT.—Six pellets of **SPECIFIC No. 7**, four times per day, will generally cure. Should the case not promptly yield, alternate **No. 1** with **No. 7** every three hours. This is the proper treatment for *all* irritative, obstinate coughs, and will be found successful.

CASES OF *more serious* COUGHS, BRONCHITIS OR INCIPIENT CONSUMPTION, attended with cough, expectoration, pain or irritation in the breast or side, weakness, emaciation, occasional chilliness, or morning chill and evening fever, deficient appetite and diminishing strength—all pointing to an incipient or even confirmed pulmonary or bronchial disease—may require **SPECIAL PRESCRIPTION No. 7**, which is put up for such cases. Price, \$2.00.

Hoarseness and Loss of Voice not unfrequently accompanies some forms of bronchitis or common colds ; and sometimes it appears in certain persons from almost every exposure. *It is always an indication of pulmonary weakness*, and should receive attention. It finds its remedy in **SPECIFIC No. 7**, six pellets every three hours. In obstinate cases, **No. 13** may be taken in alternation with **No. 7**.

Influenza has, in addition to the symptoms of a *common cold in the head*, chills alternating with flashes of heat ; great weakness and headache ; rheumatic pains all over ; weak, reddened and pained eyes ; difficulty of breathing and much thin nasal discharge.

TREATMENT.—**No. 19** will cure ; or, may be taken in alternation with **No. 7**.

Influenza is often epidemic, *i. e.* prevalent over large sections ; or, as in the last invasion, over the entire world. These epidemics vary, but in general there is a *cough*, some *fever*, decided *prostration*, *sore throat* and *coryza* or *nasal discharge*. It is often obstinate and its after effects may be serious and sometimes even fatal. **SPECIFICS No. 1** and **No. 7** are the effective remedies. Begin with **No. 1**, six pellets every hour ; later, alternate **No. 7** with **No. 1**, a dose every two hours. In old cases, with tendency to lung disease, **SPECIFICS No. 1** and **No. 7** are yet the best remedies. This treatment has cured thousands. *See also No.*

77 (page 20), which has proved the most triumphantly successful SPECIFIC for *La Grippe*.

La Grippe is commonly known by a *general sense of illness, pain or soreness* over the system or in the *Head, Back or Limbs; Sore Throat or Coughs*, sometimes very obstinate, *hoarseness*, and often pain in the breast or side, *sneezing, running from the nose*, or weeping, itching and redness of the eyelids. In some cases the sense of general soreness at some particular part; in others, the cough and hoarseness or the sore throat, or, again, the profuse catarrh or flowing from the eyes and nose are most prominent. The appetite is of course impaired, and the system much depressed and run down. Everything is Grippe while Grippe prevails.

SPECIFIC **77** is *the* remedy and cure. It meets the epidemic condition and is the cure for all its manifestations. Taken early it cuts it short promptly; taken during its prevalence, prevents its invasion; taken while suffering from it, a relief is speedily realized, which may be continued up to entire cure. Six pellets, repeated generally every two hours, or in extreme cases every hour, is the rule.

Pneumonia or INFLAMMATION OF THE LUNGS is frequent and dangerous. It may affect one or both sides of the chest, the double form (*Pleuro-pneumonia*) being the more serious. It often comes on after a cold insidiously, with restlessness, a *chill* and some fever, and sometimes is well seated before its true character is known. There is a deep-seated dull pain or oppression under the shoulder blades, or side, or breast; feeling of decided illness; frequent, short cough, and expectoration of *sticky, adhesive matter* of a green, yellow or rust color; later, *tinged or mixed with blood*, and so adhesive that the vessel may be inverted without detaching it. The breathing is *oppressed, short and hurried*; skin hot over the ribs and armpits; the nose is dry, eyes tearless; thirst; speech interrupted, hurried in bad cases. The pulse varies, sometimes rapid and full, at others hard and wiry, or quick and weak; the urine is red, scanty, and sometimes scalding, and the patient lies on the affected side or on the back. There is dullness over the affected part on percussion, and on applying the

ear crepitation may be heard, a sound resembling that produced by rubbing a lock of hair close to the ear.

TREATMENT.—At once dissolve twelve pellets of **SPECIFIC No. 1** in half a glassful of water, of which give a spoonful every half-hour. Give also a hot foot-bath, and apply a rubber hot-water bag, or cloths wrung out of *hot* water to the chest, covered with dry flannel. After a few hours' use of **No. 1**, as above, prepare **No. 7** in like manner, twelve pellets in half a glassful of water, of which give, in alternation with **No. 1**, a spoonful as above, until the breathing is easier, expectoration more free, and heat less, and perspiration appears, when the intervals between the doses may be increased to an hour. The patient must be kept in a warm, evenly-tempered room, very quiet, and have only mucilaginous drinks and farinaceous diet. These means will gradually relieve the oppression, allay the fever, induce free perspiration, and thus break up the disease. The patient must avoid exposure until quite recovered.

Pleurisy, Stitches in the Sides.—*False Pleurisy*, which is an affection of the muscular tissue of the chest, may be known by the sharp pain and soreness along between the ribs, and from its coming on *without a chill or fever*. This is readily cured by **SPECIFICS Nos. 1 and 15**, taking six pellets every hour, in alternation, until relieved. Also use hot applications on the part.

True Pleurisy comes on suddenly, *with a shivering chill* fever, and sharp, stabbing pains, called *stitches in the side*, generally just below the nipple, and on one side. The pains are worse by coughing, pressure, or *deep inspiration*. There is also, short, frequent, dry cough, parched tongue, flushed face, hard, quick pulse, scanty, red urine. The patient lies on the back or affected side. If the lung is also involved, the sputa will be adhesive and *streaked with blood*. If not relieved, an effusion of fluid into the pleural sac occurs, attended with serious consequences.

TREATMENT.—At once dissolve twelve pellets of **SPECIFIC No. 1** in six large spoonfuls of water, of which give a spoonful every half-hour. Apply, also, hot wet cloths or hot-water bag to the affected side. After six hours, prepare **SPECIFIC No. 7** in the same manner as **No. 1**, and alternate the two, half an hour apart; or, as the patient improves, one or two hours. Avoid exposure and going out too soon.

Hemorrhage from the LUNGS. If only a slight spitting of stained sputa, with some cough, six pellets of **No. 1** every

two hours, with quiet and freedom from effort or excitement, will suffice. If the bleeding is more profuse, dissolve twelve pellets in half a glass of water, one spoonful every hour, and the intervening half-hour, a half teaspoonful of the *Marvel of Healing*.

Vomiting of Blood.—This may be distinguished from lung-bleeding by the blood being usually darker, and being thrown up in masses by vomiting and without cough; requires the same treatment. Salt water often serves to allay the bleeding, and may be used (a teaspoonful at a time), while in the meantime SPECIFIC No. 1 allays the internal congestion.

A Specific Remedy of greater value, however, in all cases of bleeding, from the *Nose* (Epistaxis), or from any part of the body, is the MARVEL OF HEALING. Half a teaspoonful of this may be taken every hour, or even half-hour, until relieved, and then at longer intervals; or take No. 1.

Inflammation of Liver, with dull pain in right shoulder and loins, nausea, vomiting, deranged bowels, depression and more or less jaundice. Alternate SPECIFICS Nos. 1 and 10 every hour apart. Use also No. 10 for *Liver Spots*.

Jaundice, arising from derangement of the liver, with yellow hue of skin and eyes, itching of skin, hard leaden-colored stools, high colored urine—frequently occurring in the new-born. Use No. 10 every two or four hours.

Inflammation of the Bowels.—Always a dangerous disease, commences with chilliness and pain in the bowels with extreme tenderness of the abdomen to the touch, often also vomiting and constipation. The fever soon becomes high, the pulse small, tense, and quick. Give SPECIFIC No. 1, six pellets every half-hour, in a spoonful of water. Also apply hot-water bag or a napkin wrung out of tepid water to the bowels, covering with a dry flannel cloth, and renew the wet cloth as often as it gets dry. This treatment may relieve the whole disease in a few hours. If the bowels do not later move of themselves, as the disease abates, they may be assisted by an injection of warm water.

Burns and Scalds.—Apply WITCH HAZEL OIL freely to the injured parts, and cover with raw cotton to exclude the air. Give SPECIFIC No. 1 internally, every hour, in fluid.

DISEASES OF THE DIGESTIVE ORGANS.

Nausea and Vomiting often is the result of overloading the stomach ; at other times, of its irritability, arising from some remote cause. In simple cases of nausea and vomiting, we need not interfere ; but when the stomach has become emptied, or the vomiting severe and annoying, we may relieve it by giving twelve pellets of **SPECIFIC No. 6** in a glass of water, a large spoonful after every turn of vomiting. It will soon cease.

Dyspepsia, Weak Stomach.—With some it is but a transient indisposition, occasioned by a chill, fatigue or some error in diet, and is manifested by loss of appetite, coated tongue, bad taste in the mouth, especially in the morning, dullness and debility. With others, it is a more permanent affection, with constant weakness of the digestion ; even the mildest food causes heaviness or uneasiness, costiveness, and that general depression and lowness of spirits which mark the confirmed dyspeptic. Sometimes even the lightest food disagrees, causing a feeling of weight and heaviness in the stomach ; tight clothes are insupportable, and there is tenderness of the part on pressure ; acid taste in the mouth ; regurgitation of food, or of sour or bad-tasting water or air. Usually the bowels are costive, move tardily and insufficiently, and piles or hemorrhoids and flatulence are rarely absent.

This condition of things may continue for years. Cathartics are worse than useless, for although they move the bowels for a time, their action weakens the digestion, and thus increases the difficulty.

Such persons should be careful of their diet ; eat only such articles of food as agree with them best ; eat moderately ; masticate the food well ; take plenty of time for meals, and take but very little fluid while eating ; and half an hour before each meal and on retiring at night take six pellets of **SPECIFIC No. 10**. Perseverance in this simple course always affords relief and rarely fails to cure the most inveterate cases.

Constipation, or costive bowels, a result of indigestion or torpid action of the liver or of the lower bowel ; is always

increased by use of cathartic pills or aperients. It will be cured in a *natural* and *permanent* manner by the following :

TREATMENT.—Take, half an hour before each meal, and at night before going to rest, six pellets of SPECIFIC No. 10, the last dose in half a glass of water. If the bowels fail to move after a reasonable time, take a large injection of tepid water, which repeat if needful. A simple *enema* of tepid water may always be resorted to with benefit. This treatment, in connection with the use of No. 10, so soon as the system is fully brought under its influence, will not fail to permanently relieve the most obstinate case of constipation.

Indigestion or Bilious Condition arises in consequence of too heavy a meal, or from fat, rich, indigestible food ; or food taken at irregular hours, or when the system is depressed with grief or care. The tongue is coated, bad taste ; head dull, heavy or aches ; bowels confined. Six pellets of No. 10, four times per day before meals, will soon relieve.

For Flatulence, OR WIND IN THE STOMACH OR BOWELS, use the SPECIFIC No. 10, as above.

Heartburn, or feeling of heat, or *rising of hot burning fluid in throat*, relieved by same treatment as above.

Piles or Hemorrhoids.—This disease usually depends upon congestion of the abdominal venous circulation and eventually results in the formation of tumors, and frequent hemorrhage or discharge of blood, or, in some cases, a discharge of mucus, or violent itching. This congested condition, upon which the tumors depend, SPECIFIC No. 17 will usually relieve ; six pellets should be taken four times a day.

For an attack of Piles, with some fever, heat of the parts, inflammation of the tumors, which become red, hard, painful or bleeding, with pain extending often to the back or head ; sometimes prolapsus of the bowel, keep quiet, mostly lying down or but little on the feet, and take at first, every hour, six pellets of No. 1, dissolved in water. After a day, alternate No. 17 with No. 1 at longer intervals, keeping the parts anointed with the *Witch Hazel Oil*. This treatment, with care in diet and keeping quiet, never fails to cure.

Chronic Piles, often attended with *costive bowels*, require SPECIFIC No. 17, morning and afternoon, and No. 10 at noon and night. They are infallible.

 For the more perfect treatment and cure of *Chronic Piles*—Use SPECIAL PRESCRIPTION with *Oil, Capsules and Medicines for Use*. Price, \$2.00.

Gastralgia, OR CRAMP OF THE STOMACH, is a fixed, extremely violent pain at the pit of the stomach, often attended with nausea and vomiting, and often with bloating and tenderness of stomach. The pain comes on in paroxysms, increasing and remitting, lasting some hours, and often returning at periods of a few weeks, with a free interval between.

TREATMENT.—*To cure the condition upon which it depends*, take, night and morning, six pellets of SPECIFIC No. 10, as a preventive. *For an attack*, dissolve twelve pellets of the No. 10 in a glass one-third full of water, of which take a large spoonful every fifteen minutes. Should No. 10 not relieve, prepare the No. 1 in the same manner, and take alternately with No. 10. Warm or hot cloths, or hot-water bag laid over the stomach are often soothing; sometimes a hot foot-bath to relax the system.

Bilious Colic, paroxysms of most violent griping, cutting or rending pain in the bowels, sometimes remitting for an instant, then returning with greater intensity; occasioned by exposure, passage of gallstones, etc.; and sometimes recurring at intervals of four, six or twelve weeks.

Take six pellets of SPECIFIC No. 5, dry, dissolved in the mouth. This may entirely relieve. If not, dissolve twelve pellets in half a glass of water and give a spoonful every ten minutes until relieved. If heat, fever or great restlessness comes on, or the bowels become painful on pressure, threatening inflammation, give No. 1, prepared in water as above, alternately with No. 5, a dose every half hour. Use no other medicines; only, if the case is obstinate, inject tepid water in large quantities. This not only relieves, but also facilitates a cure. *To cure the condition upon which Bilious Colic depends*, use No. 10, six pills four times a day.

DISEASES OF VARIOUS ORGANS.

Headache is less frequently a disease itself than a symptom of some more general affection.

Persons subject to headaches should abandon the use of coffee and strong tea; live regularly and temperately, and take every night six pellets of SPECIFIC No. 10 on retiring, and six of No. 9 in the morning on rising.

For an attack take six pellets of SPECIFIC No. 9 every hour until the suffering abates. If the attack commences with blindness, followed by extreme nausea and vomiting (*sick headache*), twelve pellets of No. 9 may be dissolved in a glass one-third full of water, and a dessertspoonful may be taken

every half-hour. Heat and throbbing of the head is cured by **No. 1** prepared in water or given dry every hour.

HEADACHES FROM CONSTIPATION *or* stomach *derangement*, take SPECIFIC **No. 10**, six pellets every hour during an attack, and then night and morning.

The cure of *old, long-standing headaches* requires time and perseverance, but can invariably be accomplished by taking SPECIFIC **No. 9** each morning and **No. 10** at night.

Sleeplessness, Nervousness and Restlessness of adults find a charming remedy in SPECIFIC **No. 3**. Six pellets taken on going to rest, or if wakeful during the night, act like a charm. *Sleeplessness with fulness* or beating in the head, or red face, such as persons of full habit are subject to, is cured by SPECIFIC **No. 1**, six pellets at bed-time, and that from indigestion by **No. 10**, six pellets at night.

Toothache.—The pain is usually found in connection with decayed teeth, but sometimes also in sound ones. When badly decayed teeth begin to ache, it may be best to have them extracted. Yet even here SPECIFIC **No. 8** will often allay the pain, and save the teeth. But when pain affects sound teeth, we should rarely have them taken out until we have exhausted every means of relief.

TREATMENT.—Six pellets of SPECIFIC **No. 8** every hour. If not relieved, dissolve twelve pellets in a glass half full of water; or, prepare **No. 1** in the same manner, and alternate the two, every hour a dose until relieved. Toothache with swelling of the face requires **No. 1** and **No. 8**, in alternation.

Spirits of camphor or heating stimulants in the mouth, or to apply creosote, laudanum, oil of cloves, etc., more frequently irritate than relieve. Apply MARVEL OF HEALING on cotton to tooth.

Neuralgia.—The pain extends along the course of a branch of nerves, and is very acute, cutting or piercing; has also its periods of increase and diminution, often worse in the evening and at night, and better in the morning; usually no tenderness on pressure, in distinction from pain of an inflammatory character. Six pellets of SPECIFIC **No. 8**, every one or two hours, will in most instances afford prompt relief. In case **No. 8** does not relieve, alternate it with **No. 1**, as in other cases.

Inflamed and Sore Eyes and Eyelids.—Acute attack of *Inflamed Eyes*, with pain, dread of light, flow of tears and inflamed appearance of the eye-ball; dissolve twelve

pellets of **SPECIFIC No. 18** in a glass half full of water, and take a spoonful every three hours. Also dissolve twelve pellets of the same **SPECIFIC** in a tea-cup of pure water, and with this *bathe* the affected eye from time to time. A yet better lotion for sore or weak eyes is made by adding a large spoonful of the *Marvel of Healing* to a tea-cup half full of pure water, and with this bathe the eyes every three hours. Continue this from day to day until cured. The eyes should be shaded from strong light, and not taxed by reading or sewing.

In *chronic inflammation of the eyes* or eyelids, bathe the eyes as above directed three or four times per day, and take six pellets of **SPECIFIC No. 18** dry, on the tongue, at night, and **No. 35** each morning.

Persons suffering from *weak, inflamed or sore eyes* should live on plain, light food, but little meat or spiced food, and no coffee or stimulants. Plenty of exercise in the open air, but nothing to overheat or fatigue the system or eyes.

Stye on the eyelids is usually promptly cured by taking six pellets of **SPECIFIC No. 18** four times per day.

Weak and Deficient Sight.—For the cure of *weak eyes, failing, deficient, blurred or weak sight*, simply take six pellets of **SPECIFIC No. 18** night and morning. Also frequently bathe the eyes and around the eyes with cold water, or diluted *Marvel of Healing*; avoid straining or fatiguing the eyes by fine work, reading fine print, or any long-continued effort of the eyes, and also the use of glasses which fatigue or strain the eyes. And especially avoid taxing the eyes when the body is weak or feeble. This treatment not unfrequently improves the sight, prevents its premature failure and the early resort to glasses.

Earache, Discharge from the Ear.—As the result of Scarlet Fever, Measles, or from Mercurial Poisoning or Scrofula, discharges take place from the ear, either of pus or puriform mucus. Often during this morbid condition of the ear, a slight cold induces an inflammatory action and pain, resulting, after a time, in a fresh discharge from the ear. These frequently recurring discharges generally terminate in noises in the head, partial deafness, or even entire loss of hearing.

Earache, take six pellets, every hour, of SPECIFIC No. 22 until relieved. Alternate with No. 1 if there is heat or fever, or No. 3 for infants.

Discharge from the Ear, either in adults or children; give six pellets of SPECIFIC No. 22 morning on arising, and at night on retiring. *Time must be allowed*, in connection with the medicine, to perfect the cure.

Hardness of Hearing, Noises or Ringing in the Ears; give six pellets of SPECIFIC No. 22 morning and night. The most gratifying effects in relieving the noise and improving the hearing result.

Injections of water and castile soap for the ears are generally injurious, and should only be resorted to for purposes of cleanliness, if at all.

Chronic Catarrh, or Cold in the Head.—Catarrh is, in most instances, a chronic inflammation and thickening of the mucous membrane lining the nasal cavities.

Its principal symptom is a discharge of various character, color and consistency, sometimes thick and offensive, at others thin and acrid; there is often pain and heaviness across the forehead and upper part of the nose, sneezing and raising of the mucus from the throat, and mucus draining in the throat; usually worse in cold and changeable weather, and better when dry and warm.

In ordinary cases, when the symptoms are only moderate, six pellets of SPECIFIC No. 19, taken four times per day, will be sufficient. But if the symptoms are more violent, a dose every two hours. *Patience and perseverance in the use of the Specific will cure most cases of chronic or obstinate catarrh.*

For *more obstinate, deep-seated or long-standing* cases of Catarrh, or more properly *Ozæna*, attended with profuse discharge, thick, yellow or dry crusts, offensive smell, at times sore throat, loss of smell or taste—use the *Special Prescription No. 19 for Chronic Catarrh*. Price, \$2.00.

Autumn Catarrh, Hay Asthma or Rose Catarrh, is a yearly recurring catarrhal affection. In some cases it comes on in June, with the advent of roses; in others with the first mowing of hay; but in the vast majority, on or about the 20th of August. The access is sudden, often attended with violent sneezing, repeated again and again, tearfulness, running from the eyes and nose of thin, irritating water; itching of the forehead, nose, eyes and ears; general

irritability and lassitude ; redness and swelling of the eyelids and nose, and, as the disease affects the chest or bronchial tubes, of severe *dyspnœa* or *asthma*, sometimes preventing lying down, and for days and weeks keeping the patient in the greatest distress and peril. The disease usually continues until frosty weather ; is better in high mountainous regions, at sea, or in pure air ; and is aggravated by dust, riding in cars, the pollen of hay or flowers, and in low, miasmatic regions. Sea-bathing is often beneficial, and a sea-voyage affords frequently entire relief. **SPECIFIC No. 77** should be used. A dose of six pellets every two hours has proved very efficient.

Asthma is usually known as paroxysms of *difficult breathing*, lasting from a few hours to several days, coming on at intervals, to be followed by remissions, during which the patient breathes with comparative ease. The attack returns again, either at regular intervals, or is provoked by exposure to cold, damp air, severe effort, or even mental emotions. During the attack the respiration is labored, wheezing, sighing, loud, accompanied with anxiety and frequent cough. Sometimes the lips and face become bluish, and toward its close, or even during its entire continuance, expectoration of mucus.

In *all* cases benefit will be obtained by the use of **SPECIFIC No. 21**, and many, even old obstinate cases are permanently cured by it.

TREATMENT.—*During the intervals*, and to prevent a return of the paroxysm, take six pellets of **SPECIFIC No. 21** morning and night, or, better, four times a day.

During the Paroxysm.—First take six pellets of **SPECIFIC No. 21** dry, and then dissolve twelve pellets in a glass half full of water, and of the solution take a dessertspoonful every hour. If there is heat and feverish excitement, prepare **No. 1** alternately with **No. 21**. **No. 6** often promptly helps.

Diseases of the Heart are manifested by palpitation, spells of violent beating, irregular action of the heart ; difficulty of going up-stairs, or up-hill ; suffocative turns ; inability to sleep with the head low, and similar symptoms of impeded circulation. Some cases of organic disease of the heart may be incurable ; but *all are benefited*, and some cases absolutely cured ; while cases of *functional diseases* of this organ are

controlled by the SPECIFICS here named and by proper habits.

TREATMENT.—Avoid excitement, severe effort, running, mounting stairs, or whatever may occasion violent or irregular action of the heart, and take six pellets of SPECIFIC No. 32 night and morning, or, better, four times per day. Even severe and long-standing cases are cured. For *simple palpitation of the heart*, six pellets will usually suffice; if not soon relieved, alternate with SPECIFIC No. 1 every hour apart, until the attack passes off; then go on with No. 32.

General Debility, or PHYSICAL WEAKNESS, is usually the result of sickness, or of some drain upon the system beyond its power of recuperation. The symptoms are varied; weakness, easy fatigue, weak or lame back, sweat on going to sleep, vertigo, singing in the ears, starting on going to sleep. First, the drain must be arrested, and the wasted substance restored by means of proper nourishing diet and regimen, such as nutritious, easily assimilated food, appropriate in quality and quantity; good wine or even malt beer or whiskey, in small quantities, for old or very feeble patients; and good air and reasonable exercise. With this also take SPECIFIC No. 24, six pellets four times per day, permitting them to dissolve in the mouth.

Should there also be weak, feeble or imperfect digestion, SPECIFIC No. 10 may be taken alternately with No. 24, two doses of each per day, with splendid results.

Brain-Fag, that form of *nerve-power exhaustion* common to professional, literary and business men engaged in severe, exciting or long-continued mental labor (see page 25), is best remedied by the use of SPECIFIC No. 24.

Do not confound General Debility with *Nervous Debility*; for, while the two conditions may have similar results, the treatment is quite different.

Nervous Debility, frequently results from losses which take place at night, and even at other times, resulting in weakness, nervousness, and sometimes in loss of strength and health. Not unfrequently premature decline and extreme nervous prostration is the result. Nervous irritability, weakness and emaciation are very common effects, while a *loss of mental power and vigor* is an inevitable consequence.

These disorders, as well as the final cause of them, can be cured by proper habits and the use of SPECIFIC No. 28.

To CURE, remove, as far as possible, all exciting causes, avoid unchaste thoughts, fancies or excitement, and at night sleep on a mattress or a hard bed, with but slight covering—not too warm—and always lie and sleep upon the side, and *never upon the back.*

Be temperate in diet—meat only once per day, and never late at night; no spirits, hot spiced drinks or exciting food; and be sparing of coffee, and take six pellets of No. 28 morning and night.

In serious or long-standing cases, send for SPECIAL PRESCRIPTION for *Nervous Debility*. Price, \$5.00. For more than thirty years it has given complete satisfaction to thousands.

Rheumatism *acute (or inflammatory) and chronic.* ACUTE RHEUMATISM usually comes on after exposure to rough, damp, cold weather, and often from labor or exertion during exposure. There is fever, painful tenderness, soreness, lameness and swelling of the affected part, and the disease is liable to shift from one part to another. It is mostly confined to the joints and extremities, but sometimes falls upon the chest or heart, especially if blisters or powerful applications are made to the part first affected.

TREATMENT.—For *Acute Rheumatism*, with soreness, lameness and pain in the part, take six pellets of SPECIFIC No. 15 every hour, and the patient should remain in-doors and keep quiet. If fever, heat and swelling of the part are present, or a chill, succeeded by heat, prepare No. 1 by dissolving twelve pellets in half a glass of water, of which give a large spoonful every hour for a day, and then prepare No. 15 in the same manner, and take of the two alternately at same interval. Continue from day to day, until the disease is broken up, preparing the two SPECIFICS fresh every morning. Applications of cloths wrung out of tepid water, and laid on the part, are very soothing. Cold water application should be avoided. The covering of the affected part with raw cotton, over which a piece of oiled silk is snugly sewed, is a very excellent thing. The *Marvel of Healing* is a most valuable application for the inflamed and swelled parts, and may be applied according to directions on each bottle. Also the *Witch Hazel Oil*.

Chronic Rheumatic Pains in the shoulders, arms, hands,

knees or feet. Take six pellets of SPECIFIC No. 15 four times per day until relieved. If there is stiffness, lameness, or contraction of the tendons, rubbing the part night and morning with the *Witch Hazel Oil* is invaluable.

Pains, stinging, stitches or soreness *about the chest* or elsewhere, soon yield to No. 15, taken as above.

For Sciatica, or pain extending along the course of the sciatic nerve, from the hip along down to the leg and foot, take SPECIFIC No. 15, six pellets four times per day. The most obstinate cases have been cured by this SPECIFIC.

In all cases of *Rheumatism*, *Rheumatic Pains*, or *Sciatica*, when No. 15 fails to afford the desired relief, it should be alternated with No. 1, three hours apart in acute cases ; in chronic ones, four times per day.

Falls, *shocks*, *contusions* and strains, etc. The consequences of these, or of excessive labor or exertion, soon yield to the same treatment.

Lumbago, or painful rheumatic stiffness across the loins and back, take No. 15 as above, four times per day. If obstinate, alternate with No. 10.

Rheumatic patients should use largely, in their diet, fruit—*lemons*, oranges, apples, grapes, pears, berries, either eaten alone or with milk, and vegetables ; little or no meat. The acid of fruit is a valuable curative for all forms of Rheumatism, and should be partaken of freely.

Sea Sickness.—The peculiar sickness and utter wretchedness and prostration experienced by persons on first going to sea, and even by some persons from riding in a car, stage or wagon, can, in most cases, be cured by SPECIFIC No. 26, taken as follows :

Previous to sailing, as a *preventive*, take SPECIFIC No. 26, six pellets every four hours, beginning several hours before sailing.

After sailing (for the first two or three days), take six pellets every two hours ; and should illness continue, dissolve twelve pellets in half a glass of water, and take a dessert-spoonful every hour, until the sickness abates. Hundreds have thus been saved from sea-sickness.

Tape-Worm is most common where people eat undercooked meat. The worm consists of a head and suckers, a

neck and a body, which consist of flat, ribbon-like sections, a third of an inch in width, and half or three-fourths of an inch in length, and of which there may be scores. As the eggs in these sections or joints ripen toward the lower end, they are cast off and taken into another organism (the hog), become there a grub, which again, when taken into the human system, becomes the veritable tape-worm. All symptoms of its presence are equivocal, except the segments of the worm are found in the discharges. Some patients have no inconvenience from their presence; others complain of itching of the nose, vertigo or dizziness; darkness before the eyes; noise in the ears; palpitation of the heart.

For its radical cure, use the *Tape-Worm Prescription*; price, \$1.00, with *directions*.

Itching at the Anus, which often arises from the presence of *Ascarides* or *Pin-Worms*, give SPECIFIC No. 2, six pellets morning and night. For immediate relief, give an injection of an ounce of sweet oil. Anoint the anus also with *Witch Hazel Oil* at night.

Scrofula ("King's Evil") is a constitutional vice of the system, manifesting itself in enlargement and hardening of the glands, which may subsequently soften and ulcerate; enlargement, curvature or softening of the bones. The swelling of the glands is most common about the neck, beneath the ears or jaws, in the form of hard, painless lumps. Scrofula not unfrequently complicates other forms of disease, and renders them obstinate.

Its eradication from the system requires time and perseverance, but may be accomplished by the use of SPECIFIC No. 23. If eradicated in one or two years, the patient has reason for congratulation.

Enlarged Glands about the neck, or in the arm-pits, groins, or other parts of the system. Take six pellets of SPECIFIC No. 23, morning and night; and if the swellings are painful or discharge, take the medicine four times per day.

Old Tumors, wherever situated, take SPECIFIC No. 23, four times per day. **For Enlarged Tonsils**, see page 24.

For Goitre (*Derbyshire Neck*), see page 24.

DISEASES OF THE SKIN.

Are cured by the internal use of SPECIFIC No. 14. And we prescribe for the surface involved only proper care and cleanliness. The cure is then *natural, permanent* and without injury.

The SPECIFIC No. 14 is wonderfully effective for the following forms of disease :

Erysipelas (acute or chronic). The *acute* form often appears on the face, commencing on one cheek or ear, and passes over the face or scalp like a fire, with *redness, swelling, itching, heat* and *burning*, and is followed by desquamation or scaling off of the surface. Often blisters or vesicles arise, fill with serum, and burst, covering the surface with thickish crusts.

TREATMENT.—Dissolve twelve pellets of No. 14 in half a glass of water ; give one spoonful every hour, until cured. Make no application to the surface ; live on vegetable soups, toast-water, but no meat or meat-broths. The disease will usually pass off quietly and safely.

In the *chronic* form, where simple red patches appear from time to time, either on the legs, face or other parts of the system, with itching and burning, six pellets of No. 14, four times per day, will be sufficient.

Shingles, a form of vesicular *Erysipelas*, which comes out in blisters on the breast or sides, extending *partly* around the body like a belt, requires six pellets of SPECIFIC No. 14, four times per day—soon cured.

Nettle Rash, with reddish spots, which resemble mosquito stings, attended with burning and itching, in adults or children, give six pellets of SPECIFIC No. 14 every four hours.

Eczema, Tetters, SCABBY, CRUSTY ERUPTIONS on the face, limbs or body ; around the mouth, ears, cheeks or forehead ; attended with itching and burning ; or a rough, scaly, chapped skin ; the crusts fall off, sometimes leaving an angry, sore surface, upon which the crusts form anew. For all such eruptions, whether called *Eczema, Herpes, Tetters, Milk Crusts, Salt Rheum, or Barber's Itch*, give to adults six pellets, or to children three pellets, of SPECIFIC No. 14, four

times per day. This treatment, *persevered* in, will in time radically cure the disease.

Scald Head.—The eruption is either *dry, scurfy*, cutting off the hair, or *moist* with *eruption* of pustules on a red base, and discharge of thick yellowish matter, forming thick crusts and extending in patches over the head—give six pellets of SPECIFIC No. 14 three times per day. Shingle off the hair if it is difficult to keep clean, and if sore or excoriated, be cautious about the application of soap or water ; apply the *Witch Hazel Oil* every other day.

For Salt Rheum on the hands, feet, legs, arms, or elsewhere, if chronic or of long standing, take six pellets of SPECIFIC No. 14 four times a day.

For Acne or Pimples on the face and forehead of young people, which often appears in the form of small red pimples, sometimes slightly inflamed, and frequently with a black point or head ("Blackheads"), and often continuing for years, take six pellets of SPECIFIC No. 14 night and morning. The eruption can be entirely cured and the complexion wonderfully cleared and freshened by No. 14, at night, and No. 35, in the morning, as the experience of hundreds testifies.

Old Ulcers on the legs, or other parts of the system are cured by SPECIFIC No. 14 three times per day, and apply HUMPHREYS' *Witch Hazel Oil* on a clean rag over the ulcer, and bind over it a proper bandage, rolling it from the toes upward over the entire scro, or yet better, apply over this an elastic stocking. The dressing should be changed daily.

Chapped Hands or Lips require SPECIFIC No. 14, six pellets night and morning, and apply *Witch Hazel Oil*.

Boils are small tumors, at first hard and inflamed which gradually suppurate and discharge blood (or matter mixed with blood) and afterwards pus. Sometimes successive crops of boils appear for months, or even years.

Cured by taking SPECIFIC No. 14 four times per day.

Carbuncles are malignant boils, with inflammation of the surrounding tissue, from an inch to six inches in diameter, hard, livid, with great pain, itching and burning, not suppu-

rating like a boil, but discharging a thin, acrid fluid from several openings, leaving a whitish mass within, which, being discharged, leaves a deep, ugly cavity—very painful and dangerous if large, or situated on the head or neck.

TREATMENT.—Six pellets of **SPECIFIC No. 14** in alternation with **No. 1**, a dose every two hours if awake or in pain, either dry or in water; also frequently anoint the tumor or boil with **HUMPHREYS' Witch Hazel Oil**. To *prevent the reappearance of boils or carbuncles*, take six pellets of the **No. 14** three times a day for some weeks.

Small-Pox may be managed by keeping the patient quite cool, especially *when the pox is coming out*; cold room, no fire, and giving **SPECIFICS Nos. 1 and 14**, dissolved in water, one dose every two or three hours. The same treatment for modified Small-Pox or *Varioloid*.

URINARY AND KIDNEY DISEASES.

Inflammatory or Acute; or Chronic.

Inflammation of the Kidneys (*Nephritis*) is known by pain in one or both sides above the hip, and toward the spine, in the region of the kidneys, and thence usually extending forward and downward, with frequent desire to urinate, scanty, hot discharge, and numbness along the inner side of the thigh on the affected side; fever and sometimes vomiting. **SPECIFIC No. 27**, six pellets every hour in water, will afford prompt relief.

Inflammation of the Bladder (*Cystitis*).—The pain is low down in front, with severe burning and irritation, difficulty or inability of passing water, and almost constant desire to do so. The remedy, **SPECIFIC No. 30**, promptly affords relief; six pellets every hour, in fluid.

Inflammation of the Urethra (*or Gonorrhœa*), is attended with irritation and constant desire for urination, and inability to retain it, and subsequently a discharge of thick white or yellow mucus from the part. **SPECIFIC No. 30** will *help simple cases*; but those arising from infection will require some time and patience. In urgent cases, give six pellets every one or two hours, or better, send for a *Special Specific* for that complaint. Price, with directions, \$2.00.

Catarrh of the Bladder.—Repeated inflammations of the bladder often result in chronic irritation and thickening of the mucous membrane of the bladder and urethra ; and enlargement of the prostate gland. There is *frequent desire to urinate* ; the fluid is forcibly or spasmodically ejected in small quantities, with aching, burning or spasmodic pain (*strangury*). The pain may be confined to the bladder or extend to the end of the penis, around the pelvis or down the thighs. When the disease has become chronic, mucus or pus may also be passed (*Catarrh of the Bladder*). Healthy persons urinate on an average five or six times in the twenty-four hours, but when there is inflammation or irritation, a slight distention is painful and the calls are more frequent.

TREATMENT.—**SPECIFICS No. 27** and **No. 30** are the remedies. Take **No. 30** every morning and afternoon, and **No. 27** at noon and at bed-time, six pellets at a time. If urgent, the medicines may be taken one dose every two hours. This treatment has relieved thousands of the most inveterate cases.

In old obstinate cases the **SPECIAL PRESCRIPTION No. 27** may be most advantageously employed. Price, \$2.00.

Enlarged or Diseased Prostate, a very frequent trouble of old or elderly men, known by *frequent calls to urinate*, feeble or intermitting flow of urine ; at times painful, bloody, or even suppressed flow. Requires the steady use of **Nos. 27** and **30**, in alternation, a dose every 2 or 3 hours, according to the urgency of the case. By this treatment great relief is gained, and, if persevered in, a complete cure.

Chronic Disease of the Kidneys varies in form, and sometimes its symptoms are so obscure as to escape attention. Commonly there is pain in the back or loins, too frequent, thick, muddy or clear frothy urine, general weakness, drowsiness and debility, continual headache, vertigo and rheumatic pains in the back, loins or limbs, all pointing to defective action of the kidneys, and most apt to occur in middle life.

TREATMENT.—This condition finds a prompt relief, and an ultimate cure by the persevering use of **SPECIFIC No. 27**, taking six pellets four times per day ; or the **SPECIAL PRESCRIPTION No. 27**, price \$2.00. It is infallible, and should be used in all suspicious or confirmed cases.

Bright's Disease of the Kidneys is known by pain, weakness and weariness of the loins ; but the urine is generally pale, water-like, foamy, either abundant or scanty, albuminous, and in the advanced stage full of minute shreds or casts from the diseased kidneys. It is later attended with some grade of dropsy ; sometimes only very slight, as of the head, face or feet, but toward the last very great and inveterate. This is a very serious disease and often fatal ; yet scores of advanced cases have been cured by taking SPECIFICS Nos. 27 and 30, six pellets at a dose, and four times per day, in alternation.

Gravel or Renal Calculi is manifested mostly by frequent, scanty and painful discharge of variously-colored urine, and from time to time, as the calculi pass from the kidney to the bladder, by violent colic pain from the region of the kidney, inside the hip-bone, and down in front, along the course of the ureter. The pain is usually very severe, coming on in paroxysms, and returning from time to time until the calculi are discharged.

For the *radical* cure of this disease, take of SPECIFIC No. 27 six pellets before each meal, and at night.

For an *attack* of violent pain from the passage of the calculi—take of SPECIFIC No. 30 six pellets dissolved in water, every half hour, until relieved. Hot foot and seat-baths often afford relief.

Diabetes.—This disease is manifested by an excessive discharge of pale, heavy and *sugary* urine, the sugar being formed in the system from the starch or saccharine matter in the food. There is a sense of illness, debility and *progressive emaciation* ; red, fissured tongue, and enlarged papilla ; *great thirst* and *frequent urination* ; voracious appetite and sinking of the stomach ; bowels usually costive, and stools hard and dry ; harsh and dry skin ; the breath has a peculiar violet or chloroform-like smell ; boils or carbuncles or swellings of the legs are frequent attendants ; *constant thirst* is one of the most characteristic symptoms. The quantity of urine is usually greatly in excess, amounting to from eight to twenty or more pints in the twenty-four hours. It is usually of a pale straw color, has a faint smell of apple, hay or milk, and is *specifically heavy*, according to the amount of sugar it con-

tains. Diabetic urine may be tested in various ways—will ferment with the addition of yeast, or leave a residuum like molasses on evaporation.

There is another form of *Diabetes*, characterized by an excessive discharge of clear, colorless urine, but which is devoid of sugar. There is thirst, a harsh, dry skin, and mental and physical weakness present; though this form is not so serious as the former one.

TREATMENT.—*Avoid all forms of starch or sugar, and the food containing them; live on other nutritious food—meat, fish, oysters, eggs, milk and soups thickened with finely powdered bran, but no bread, potatoes, grapes, pears, berries, melons, or other sweet, rich fruits. As a substitute for bread, brand ground fine and mixed with eggs and a little butter, and hard baked, may be used. The thirst may be gratified with water, which rather benefits than otherwise; or better still, by the free use of skim milk.*

 The patient should also take *Humphreys' Special Homeopathic Specific for Diabetes*. Price, \$2.00 per bottle; to be had on application. This treatment has been successful in many, even *old inveterate* cases, and has proved a God-send to hundreds. Full directions with the **SPECIAL SPECIFIC**.

For Scanty, Discolored or Painful Urination, six pellets of **SPECIFIC No. 30**, three times per day, is effectual.

Urinary Incontinence (*Enuresis*) is quite common in persons of advanced age, and in childhood. It consists of frequent desire to pass water, and often an inability to retain it beyond a short period.

TREATMENT.—**SPECIFIC No. 30**, six pellets four times per day; or, in some cases, **No. 27**. We have known the medicine to cure obstinate cases of months' and even years' standing.

For *Obstinate Constitutional Cases* of this complaint, in children or adults, see also **SPECIAL PRESCRIPTION No. 30**, for *Enuresis*—\$2.00.

Dropsy.—An accumulation of fluid within some cavity or portion of the system—is itself less a disease than the result of some morbid process or disease. Hence the cure of the dropsy must depend upon the curability of the morbid process from which the fluid results.

In dropsy, whether of the chest, heart, abdomen or extremities, take six pellets of **SPECIFIC No. 25** four or even six

times per day, according to the urgency of the case. The pellets act best dissolved in water.

Eat fresh, relaxing food, and live in a mild, dry atmosphere, using no other medicine.

FEMALE DISORDERS.

The comfort and happiness of woman depends upon the healthy performance of the functions incident to her peculiar system. No considerable derangement in these functions can exist for a time without drawing the entire life into sympathetic suffering.

By the use of HUMPHREYS' *Homeopathic Specifics* the diseases connected with the female system may all be promptly averted or controlled. Thousands of mothers and families have used them for thirty years, and have always found in them comfort and relief.

Menstruation.--The first menses usually appear at about the fifteenth year—in warm climates earlier, and in colder, later. It is also subject to variation, depending upon the general health, vigor and development of the person. For a year or two it may be scanty, and not unfrequently subject to some irregularities, which, however, need not excite apprehension. In healthy women it should appear every twenty-eight days, and flow four or five days, varying again according to the constitution of the person. About the forty-fifth year of life it generally ceases, accompanied often with various disturbances of the system. This cessation or period is termed the “change of life.”

Tardy Menses.--When menstruation in young girls does not come on at the usual time, it is not wise to hasten to administer medicine. So long as the general health remains good, simple attention to proper clothing, exercise and diet will suffice. The clothing should be warm, and changed to suit the temperature and season, and a wholesome, generous diet should be adopted, avoiding spices, coffee and high-seasoned food. This will generally be sufficient. Should, however, there be symptoms of its approach, such as flushes of heat, frequent giddiness of the head, heaviness in the abdomen and

about the loins, six pellets of SPECIFIC No. 11, four times a day, will, in due time, produce the result.

Scanty Menses.—If the menses are *scanty, delayed, pale or unusual in color*, or habitually, or even occasionally, delay their appearance beyond the proper time, six pellets of SPECIFIC No. 11, four times a day, will soon induce the desired result.

Suppressed Menses.—Sometimes the discharge becomes *suppressed* from exposure to cold, especially to damp cold, during the flow, or just as it is about to commence. The flow may either cease suddenly or it may not come on at all at the next period, or it may come on attended with scanty, irregular discharge, or with severe pain and distress. Dissolve twelve pellets of SPECIFIC No. 11 in half a glass of water, and take a spoonful every two hours, and bathe the feet in warm water. If not effective, prepare and take another portion, or even several, in like manner.

When the menses *do not appear at the proper time*, same treatment as for delayed menses. A few doses will usually be found successful.

Painful Menstruation.—Many females suffer an untold amount of *pain* at every return of the menstrual period; not only bearing down, but cuttings, gripings, colic, cramps, and in some cases even convulsions, attend every access of the period, and cause them to dread every menstruation.

TREATMENT.—*During the interval* between the periods, take, every night and morning, six pellets of SPECIFIC No. 11. *If pain comes on*, take six pellets of No. 31 every hour, and continue their use until relieved. A few doses generally answer perfectly. Perseverance in this course, using No. 11 between and at the periods, and No. 31 at the time, will not fail to cure.

For attack of *Cramps, Spasms or Hysteria*, take six pellets of SPECIFIC No. 31 every hour until relieved, and then one dose each night to prevent a return.

For Itching and Irritation (Pruritis), take six pellets of SPECIFIC No. 31 four times a day. If the complaint is constitutional it may demand the use of SPECIAL PRESCRIPTION No. 14. Price, \$2.00.

Headache *occurring just before or during the monthly period*, require SPECIFIC No. 11, six pellets every hour.

Too Profuse Menses.—Women subject to this difficulty should abstain from coffee, wine or other stimulants. During the interval between the periods, take six pellets of **SPECIFIC No. 12** every night on retiring, and the same of **No. 10** each morning.

If the discharge is very profuse from the first, **SPECIFIC No. 12** may be alternated with **No. 10**, six pellets every three hours. If the discharge lingers, six pellets of **No. 10** at night generally cuts it short.

For a flow amounting to hemorrhage, from whatever cause, **SPECIFIC No. 12** should be dissolved in half a glass of water, and one spoonful every hour, until relief is found. Absolute quiet, and abstinence from hot drinks, stimulants or any excitement are needed at such times.

Leucorrhea, or Whites.—It consists of a discharge of mucus from the female genital organs; of different degrees of color and consistency; commonly yellowish or white, sometimes reddish; mostly mild, yet sometimes acrid and ex-coriating; usually most profuse immediately before and after the menstrual period, and may continue during the entire menstruating life of the female, and is sometimes known even in young girls. Sometimes the discharge is slight and only trifling, while at others it is copious, exhausting the system and bringing in its train other evils even more harassing than itself. Those subject to it should carefully guard their feet and abdomen from sudden changes or extreme cold; take moderate exercise in the open air; *avoid coffee and exciting drinks or spices, or highly-seasoned food*, and take six pellets of **SPECIFIC No. 12** night and morning, and the same of **No. 10** before dinner and before supper; and, for an injection use **THE GOLDEN DOUCHE "G. D."** See *Page 12*. This, with attention to the above simple directions, will always afford relief and an ultimate cure.

If *Leucorrhea exists with too scanty menses*, or if leucorrhea instead of the monthly menses occurs, **SPECIFIC No. 11** should be used instead of **No. 12**, six pellets four times per day.

Prolapsus Uteri—Bearing Down.—This is also a very common complaint among women. Sometimes it is only a trivial annoyance. At others, constant, chronic, forbidding

any considerable effort, and sometimes confining the subject for weeks, or months to her room or couch. It is usually attended with a feeling of weight and heaviness in the lower abdomen, lameness in the back or across the loins, and a sensation as if everything would fall out when standing. There is often a sensation of emptiness or faintness at the pit of the stomach, and sometimes difficulty in passing the water or stool. When the prolapsus exists to a serious extent, or can be readily reached, the patient should recline with the hips elevated and the womb should be replaced by gentle pressure. There may be cases of prolapsus which, from neglect, etc., require the use of supporters or mechanical appliances, but these should only be called in as a last resort. If the displacement is less considerable, nothing need be done further than to rest and take six pellets of **SPECIFIC No. 12**, morning and afternoon, and of **No. 10** at noon and at night; and the G. D. injection. This course, persevered in for a few weeks, avoiding fatigue and overwork on the feet, will often relieve even obstinate cases.

Vomiting and Morning Sickness in pregnant females is often relieved by taking six pellets of **SPECIFIC No. 10**, morning and night. But the better remedy for vomiting, morning sickness, heartburn, and similar sickness in pregnant females, is **No. 29**. Six pellets, morning, noon and night rarely fails to offer relief.

Change of Life.—The cessation of the menses, which usually occurs at from forty to forty-five years of age, is frequently attended with disturbances of the system, such as *flushes of heat*, nervousness, paleness and debility, *irregularities in the monthly flow*, either too little, too profuse or colorless discharge. *Palpitations and throbbings of the heart* are very common, and, in many cases, disease of the heart, degeneration of some part, or other serious disorder, dates from this period. Few ladies pass this crisis exempt from those or similar affections, while to many they are not only very trying, but even alarming.

TREATMENT.—For the sufferings incident to this period, **SPECIFIC No. 32** is a cure. It should be taken, six pellets night and morning, and it may be continued, as occasion requires, until this entire period is safely passed.

Humphreys' Marvel of Healing.

WITCH HAZEL.

THIS PURE DISTILLATION OF THE WELL-KNOWN SHRUB, HAMMELIS, or WITCH HAZEL, is prepared with great care from receipts used by *Dr. Humphreys* for more than TWENTY YEARS, and warranted superior to any Witch Hazel preparation sold.

See that our trade-mark is on each bottle. None other genuine.

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